

Internship in Psychology

Example Weekly Schedule

Monday

Time	Activity
9:00 - 12:00 p.m.	Psychological Assessment
12:00 - 1:00 p.m.	Lunch Break
1:00 - 2:00 p.m.	Individual Supervision
2:00 - 4:00 p.m.	Notes/Report Writing/Feedbacks
5:00 - 6:00 p.m.	Individual/Group/Couples Therapy

Tuesday

Time	Activity
9:00 - 10:00 a.m.	Supervision of Masters Intern
10:00 - 11:00 a.m.	Assessment Clinic
11:00 - 12:00 p.m.	Building a Psychological Practice - Nuts & Bolts (once per month)/Notes
12:00 - 1:00 p.m.	Lunch Break
1:00 - 4:00 p.m.	Assessment Scoring/Report Writing/Feedbacks
4:00 - 6:00 p.m.	Individual/Group/Couples Therapy

Wednesday

Time	Activity
9:00 - 12:00 a.m.	Psychological Assessment
10:00 - 1:00 p.m.	Assessment Clinic
1:00 - 2:00 p.m.	Lunch Break
2:00 - 4:00 p.m.	Notes/Report Writing/Feedbacks

4:00 - 6:00 p.m.	Individual/Group/Couples Therapy
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Thursday

Time	Activity
1:00 - 2:00 p.m.	Individual Supervision
2:00 - 3:00 p.m.	Research/Wellness Hour
3:00 - 4:00 p.m.	Prep for supervision/Video review
4:00 - 5:00 p.m.	Supervision of Master's Level Intern
5:00 - 8:00 p.m.	Individual/Group/Couples Therapy

Friday

Time	Activity
9:00 - 12:00 p.m.	Report Writing
12:00 - 1:00 p.m.	Lunch and Learn
1:00 - 2:00 p.m.	Group Supervision
2:00 - 3:00 p.m.	Supervision of Supervision
3:00 - 5:00 p.m.	Notes/Report Writing/Feedbacks