

10 Days of Learning

November 29th- December 10th

Join us for the 10 Days of Learning. Every day for 10 days, we will feature a relevant topic with a curated list of resources. Throughout this week, some of the resources can be found in our Digital Library Collection, OverDrive/Sora. OverDrive/Sora is located on your ClassLink Dashboard in the Library Resources folder.

Join us for a whole-district discussion in Padlet to be entered into a drawing for gift cards. To access the Padlet, [click here](#). For every topic you respond to by giving a reflection in Padlet, you get 1 chance in the drawing. Once you complete an article, video, or book and along with the Padlet reflection for every topic during these 10 days, you can also earn 2 CPE hours. Please be sure to not mention students' or your colleagues' names in the discussions.

Day ONE

SOCIAL - EMOTIONAL LEARNING

Articles:

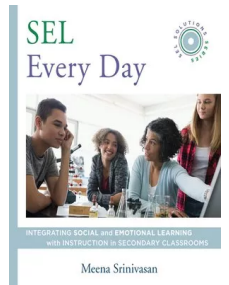
- [5 Ways Teachers Can Bring Out the Best in Middle School Students](#): Learn five applicable strategies to meet the social-emotional needs of secondary students.
- [A Sense of Security is Key for Students](#): Read about "three strategies to build that all-important relationship equity and leverage it to help students thrive."
- [Teachers - On Making Room for the New Kid in Class](#): With students moving in and out of classes due to virtual learning and schedule changes, learn how to effectively help a new student feel a sense of belonging in their new environment.
- [Helping Students Peacefully Engage with Emotions](#): "Research shows that when classroom teachers embed social and emotional learning into everyday learning, young people can understand that feelings are normal...". Learn two ready to apply strategies that focus on a students' emotions.

Videos:

- [Making Advisory Work During Distance Learning](#): Watch how a virtual teacher created community and worked on character development and academic learning habits with secondary students.
- [Check In/Check Out: Providing a Daily Support System for Students](#): Watch how one school leveraged two minute check-ins for elementary students at the beginning and end of every day to address specific social, emotional, and academic goals for individual students.

Sora/OverDrive eBook :

Social and Emotional Learning is not separate from academics or instruction; it is integral to quality teaching and learning. But not every school has the time, resources, capacity, or conditions to implement a schoolwide SEL program. Prioritizing SEL need not take time from instruction. This book draws on the latest research and resources to offer individual teachers and teacher teams an accessible guide to incorporating SEL into everyday teaching in middle- and high-school classrooms.



Day TWO

MENTAL HEALTH & WELLNESS

Articles:

- [The Resilient Educator / The Lowdown on Burnout](#): "Whether you're feeling burned out yourself or have staff members who seem so, consider the actions discussed here." Read about ways to normalize emotions and address the real feeling of burnout.
- [Regaining "Compassion Satisfaction"](#): Read about "...everyday practices educators can use—individually and together—to build resiliency in our lives and regain the compassion satisfaction that speeds our forward movement."
- [Coping with Change and Uncertainty](#): Learn 6 strategies/practices to help educators gain a sense of control during change and uncertainty.
- [5 Strategies for Teacher Self-Care](#): Learn 5 applicable strategies for any educator.

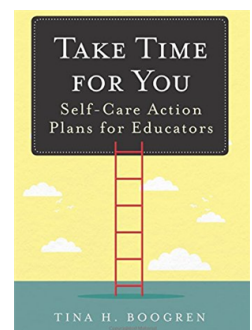
Videos:

YouTube: [Calm Channel](#): "Our mission is to make the world healthier and happier through the superpower of calm." Find videos like:

- [Breath Bubble](#) (52 seconds)
- [5,4,3,2,1: A Simple Exercise to Calm the Mind](#) (35 seconds)
- [Do Nothing with LeBron James](#) (30 seconds)

Sora/OverDrive eBook:

Take Time for You: Self Care Action Plans for Educators: Discover a path to personal well-being through applicable strategies related to Maslow's hierarchy of needs.



Day THREE

CULTURAL PROFICIENCY

Articles:

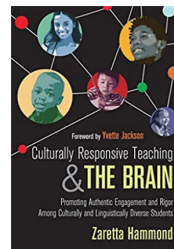
- [How Schools and Teachers Can get Better at Cultural Competence](#): When educators fail to acknowledge their own biases and assumptions, the hindrance of a student's developmental process is inevitable.
- [3 Strategies for Authentic Race, Class, and Gender Discussions](#): Learn how to create an environment that supports impactful conversations, with a focus on asking and listening.

Video:

- [Culturally Responsive Teaching and SEL: A Coffee Chat with Zaretta Hammond](#). Learn 3 ways to advance equity through culturally responsive teaching and Social-Emotional Learning (SEL) with Zaretta Hammond, author of *Culturally Responsive Teaching and the Brain*. She also provides three steps to getting started with building SEL and cultural responsiveness practices into the culture of the school. (receive 2 entry drawings)

Sora/OverDrive eBook:

Culturally Responsive Teaching and the Brain: All students can learn at high levels; learn instructional techniques that apply brain based science to learning.



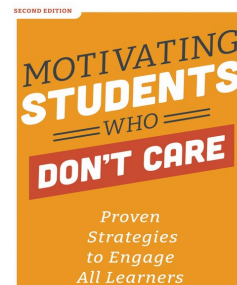
Day FOUR

MOTIVATING STUDENTS

Articles:

- [How to Choose Words that Motivate Students During Online Learning](#): "Framing assignments in student-centric rather than teacher-centric ways can encourage engagement and persistence in learning."
- [A Powerful Strategy for Fostering Student Motivation](#) Learn several ways to motivate students during virtual learning.
- [Top 5 Strategies for Motivating Students](#): A great teacher recognizes that student motivation is necessary for success in learning and that teachers are in the perfect position to improve student motivation.

Sora/OverDrive eBook: *Motivating Students Who Don't Care*: Time-tested and newly developed strategies for how to reignite enthusiasm in even the most unmotivated students. Educators gain fresh ideas on how to integrate social-emotional development into daily classroom instruction, use technology and digital tools to enhance learning, and reduce the



anxiety students feel in our ever-changing education environment.

Day FIVE

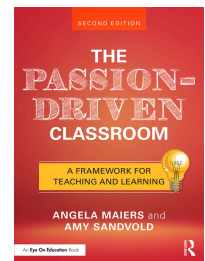
Positivity

Articles:

- [Keeping the Focus on the Positive](#): “Paying attention to what was going well for students led a special education teacher to a strengths-based approach to teaching.”
- [The Power of a Positive Educator](#): Learn seven ways we can all choose to be a positive educator.
- [Unleashing the Power of Positivity in Your School](#): Enhance your practical optimism through focusing on the upside, gratitude, small acts of kindness, emotional mindfulness, brain and body exercise, and positive surroundings.

Video: Watch Ron Clark talk about “Igniting the Classroom” in this January 2021 [video](#) interview.

Sora/OverDrive eBook: Turn your classroom into a thriving community of learners! In *The Passion-Driven Classroom*, bestselling authors Angela Maiers and Amy Sandvold show you how to spark and sustain your students' energy, excitement, and love of learning. This updated edition offers a new framework for changing your mindset and implementing a passion-driven classroom, where passion meets practice every day as students learn new skills and explore their talents. You'll come away with specific examples of how to set up your classroom, how to manage it, and how to assign passion projects where students take the lead.



Day SIX

LEADERSHIP

Articles:

- [What Are the Characteristics of a Good Leader?](#): Our society is usually quick to identify a bad leader, but how can you identify a good one? What would most people say makes a good leader?
- [Building a Strong School Culture](#): With foresight, intentional action, and reflection, principals can shape the shared values of their school.

Videos:

- [Be the Leader You Wish You Had](#) by Simon Sinek (great video for anyone in any position)
- [First Follower: Leadership Lessons from Dancing Guy](#). Be a movement-maker

Day SEVEN

TECHNOLOGY TO CONNECT AND ENGAGE

Articles:

- [Research-Based Tech Integration Strategies](#): Even when students are working with apps and devices, their learning should be social and connected to the world around them.
- [How to Increase Student Engagement with Technology](#): “As educators, a high level engagement should be a priority.”

Videos:

- [5 Hand Signals for Managing Class Discussion Online and Offline](#): Learn how hand signals can be used for more equitable discussions in the classroom.
- [Dr. Catlin Tucker - Teaching in the Concurrent Classroom: Four Strategies to Make it Work](#): Learn strategies to effectively manage students online, engage students, and leverage time to connect with individuals and small groups.

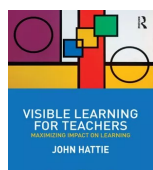
Day EIGHT

INSTRUCTIONAL PRACTICES

Article:

- [How to Adapt Your Teaching Strategies to Student Needs](#): Teachers are often asked to modify instruction to accommodate special needs students. In fact, all students will benefit from the following good teaching practices. This article takes the mystery out of adapting materials and strategies for curriculum areas.
- [12 Examples of Gamification in the Classroom](#): This article is written in two parts. The first, written by Ryan Schaaf, Assistant Professor of Technology at Notre Dame of Maryland University, introduces gamification in an educational context, its many elements, and some products that emulate gamified practices. The second part, shared by classroom teacher and coach Jack Quinn, provides a firsthand account with perspective from a gamified learning practitioner.
- [Digital Badges in the Classroom \(What, When, & How\)](#): Digital badges can help us engage students in the classroom.

Sora/OverDrive eBook: *Visible Learning for Teachers: Maximizing Impact on Learning* Offers summaries of the most successful research-based classroom practices. The book includes both teacher and student perspectives and details practical application of best practice strategies in the classroom.



Day NINE

POSITIVE CLASSROOM CULTURE

Article:

- [Building a Positive Classroom Culture](#): Tips to build a community where all students feel safe and supported.
- [5 Innovative Ways to Create Positive Classroom Culture](#): "I think positive classroom culture leads to more opportunities for students to positively connect with the content, their peers, and their teacher."

Videos:

- [5 Innovative Ways to Create Positive Classroom Culture](#)
- [Teaching Strategies: How to Create a Positive Classroom Culture](#)

Day TEN

DIGITAL CITIZENSHIP

Article:

- [5 Reasons to Teach Digital Citizenship This School Year](#)
- [Digital Citizenship that Works](#) The CoolCatTeacher Blog by Vicki Davis interviews author of Digital Citizenship, Dr. Kristen Mattson.
- [Common Sense Census: Media Use by Tweens and Teens](#) This is a report that presents the results of a nationally representative survey of more than 1,600 U.S. 8- 18 yr. Olds about their use of and relationship with media.

Video:

- [TED Talk: Kid, you posted WHAT?! How to Raise a Digital Citizen](#)
- [Rethinking Digital Citizenship](#), Richard Culatta discusses the new lens on digital citizenship that focuses on the do's of digital citizenship.

Resources for teaching digital citizenship:

- [Microsoft Digital Literacy curriculum](#)
- [Common Sense Education curriculum](#)
- [Google Digital Literacy and Citizenship curriculum](#)

