
HIGH SCHOOL ATHLETICS - EFFECTIVE FALL 2022 INFORMATION REGARDING SPORTS

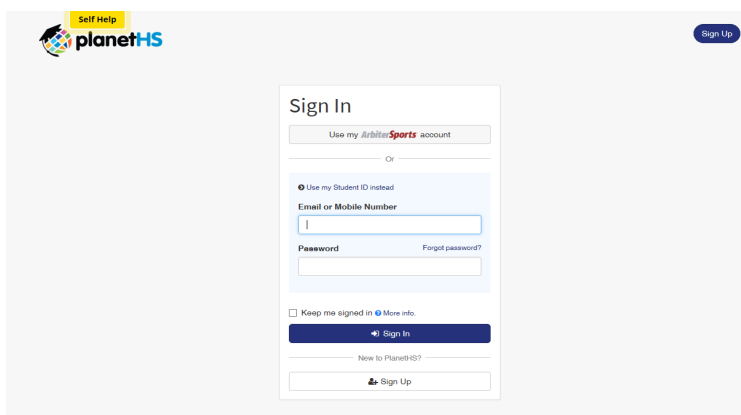
Any student wishing to participate in high school athletics is required to have a Michigan High School Athletic Association (MHSAA) Sports Physical Evaluation Form on file, dated after April 15, 2022.

This is a REQUIREMENT and is DIFFERENT AND SEPARATE from the green entrance physical form required by the school.

For incoming freshmen, we strongly recommend your doctor complete both the green school physical form **AND** the sports physical forms before school regardless of your student's current intent to participate in athletics. These decisions often change during the school year.

Divine Child Athletics retains all physical and insurance information electronically through PlanetHS, a secured storage site. For access to PlanetHS, follow the instructions below:

Go to: www.PlanetHS.com (this will lead you to a log-in page)



The screenshot shows the PlanetHS website interface. At the top left is the PlanetHS logo with a 'Self Help' tag. At the top right is a 'Sign Up' button. The main content area is titled 'Sign In'. It offers two options: 'Use my *ArbitratorSports* account' and 'Or Use my Student ID instead'. Below the second option is a text field for 'Email or Mobile Number' and a 'Password' field with a 'Forgot password?' link. There is a checkbox for 'Keep me signed in' and a 'More info' link. A blue 'Sign In' button is at the bottom of the form. Below the form is a link 'How to PlanetHS?' and a 'Sign Up' button.

If you are new to PlanetHS, follow instructions to Sign-Up.

Follow subsequent instructions to LINK the student account to the parent account and complete all necessary forms included on the website.

Click here to access the MHSAA [2022 Sports Physical Examination Form](#). Additionally, links to print out blank copies are included on PlanetHS. This physical evaluation form will require the doctor's signature and date. **Once completed, it should be uploaded to the site after your student has seen their doctor.**

For your convenience, Divine Child High School is offering on-site sports physicals on Wednesday, July 27, 2022. Sign up for available times at [2022 On-Site Physicals](#)

Should you require assistance in this process, feel free to contact Denise Brewis in the Athletic Office: 313.562.1990 x227 or email her at brewis@divinechildhighschool.org.