

## Adapted Physical Education (APE) Specialist Credential

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The Adapted Physical Education (APE) Specialist Credential allows an individual to teach special needs students who are precluded from participating in a general education physical education program or a specially designed physical education program as determined by the local level special education assessment. The APE Specialist Credential is an add-on credential for the holder of a valid prerequisite credential (see below).

**AUTHORIZATION:** The APE Specialist Credential authorizes the holder to conduct Educational Assessments related to student’s progress towards meeting instructional physical education goals, provide instruction, and Special Education Support to teach students with special needs who are precluded from participation in the activities of the general physical education program or a specially designed physical education program in a special class, from birth through age 22, including preschool, and in classes organized primarily for adults.

The APE program is offered through the Kinesiology Department at San Jose State University. If you have a 3.00 GPA (overall), with a valid prerequisite credential, you will need to complete 18 units in APE.

1.	KIN107	Adapted Aquatics	2 units *after156
2.	KIN108	Adapted Physical Activity for Young Adults with Disabilities	2 units *after 156
3.	KIN156	Introduction to Adapted Physical Activity	3 units
4.	KIN159	Sport and Adapted Activities	3 units
5.	KIN174	Psychomotor Assessment	3 units
6.	KINED 189	Student Teaching in Adapted Physical Education	5 units *after all listed courses

**PREREQUISITE REQUIREMENT:** Possess a valid prerequisite teaching credential authorizing the teaching of physical education in any grade K- 12 or a credential authorizing instruction or services in special education.

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| <ul style="list-style-type: none"> <li>• Single Subject in Physical Education</li> <li>• Multiple Subject</li> <li>• PK-3 Early Childhood Education</li> <li>• Standard Secondary with a major or minor in Physical Education</li> <li>• Standard Elementary with a major or minor in Physical Education Standard Early Childhood</li> <li>• Special Secondary in Physical Education</li> <li>• General Secondary</li> </ul> | <ul style="list-style-type: none"> <li>• General Junior High School</li> <li>• General Elementary</li> <li>• General Kindergarten–Primary</li> <li>• <i>*Education Specialist Instruction</i></li> <li>• <i>*General Special Education</i></li> <li>• <i>*Standard Special Education</i></li> <li>• <i>*Ryan Specialist Instruction</i></li> <li>• <i>*Special Education Services Credential with a Special Class Authorization</i></li> </ul> |
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**\*ADDITIONAL REQUIREMENTS:** Individuals holding these prerequisite credentials are required to complete twelve semester units of physical education coursework with a minimum of three semester units in both kinesiology and motor development along with the APE program. NOTE: A Single Subject Teaching Credential with a supplementary authorization in sports and games or Introductory Physical Education is not a valid basic teaching credential for an individual to obtain the APE Specialist Credential.

### APE PROGRAM CONTACT

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**HOW TO FILE FOR YOUR APE SPECIALIST CREDENTIAL:** Upon completion of the coursework, you may file for the Adapted Physical Education (APE) Specialist Credential with the Credential Services Office at San Jose State University. Download the APE checklist from the website and submit your application to [credentials@sjsu.edu](mailto:credentials@sjsu.edu)

**Website:** <https://www.sjsu.edu/education/academics/credentials>