

Monica Kramer McConkey bio

Monica Kramer McConkey has over 30 years of experience in the behavioral health field as a counselor, program supervisor and administrator. She has a Masters Degree in Counseling and is a Licensed Professional Counselor. The focus throughout her career has been to increase access to, and remove the stigma often attached to mental health services in rural underserved areas. Monica grew up on a farm in northwestern Minnesota and has intimate understanding of the dynamics leading to farm stress and its impact on farm families. She currently works as an Ag Mental Health Specialist in Minnesota providing support to farmers/ranchers and their families. Monica also travels throughout the country educating and speaking on rural mental health and resilience through her business Eyes on the Horizon Consulting, LLC.

