

Infopack
The values of democracy

19-27.03.2023

Biały Dunajec, Tatra mountains, Poland

Our project promotes civic activity among young people. In the course of our activities we realized that civic activity, participation in democratic processes brings tangible benefits to us and to the community in which we live. Our aim is to increase the level of participation among young people. The project gives us the opportunity to gain knowledge and skills and exchange experiences with our peers from partner countries. Our project is an important step in building the civil society, it was initiated by us - young people and we will implement it.

The main activities of our project is a youth exchange, which will involve 40 participants and leaders from the Czech Republic, Slovakia, Hungary and Poland. The exchange will take place 19-27.03.2023 in Biały Dunajec – Tatra mountains. The age of participants is 16-18 years. Participants are socially active people, open to changes, who want to actively participate in civic life.

The project will contribute to greater involvement of young people in social matters, increase our awareness of the participation. The group of beneficiaries will expand thanks to the planned dissemination activities of the project results. In the framework of the project there will be created such results as mural, promotional spot, film, publication, radio , broadcast.

Participating countries:

Czech Republic
Hungary
Slovakia
Poland

National team: 10 people including 1-2 leaders (8-9 participants plus 1-2 leaders) – together 10 people per country
Age of participants: 15-17

Date of exchange : 19-27.03.2023

Place of exchange
Biały Dunajec www.bernadeta.eu

WHAT TO BRING

Comfortable clothes and shoes for workshops which we will organize in indoor and outdoor atmosphere depending on weather, slippers. Camera and laptop also would be very useful during main activities. Photos will be taken during project by our team as well and at the end of the project we will share on-line with all partner organizations before departure.

Traditional food, drink and souvenirs for intercultural evenings activities.

INSURANCE & HEALTH ISSUES

The participants are themselves responsible to get a insurance. If anyone who uses medicine should bring with themselves. We don't give any medicines and we don't cover insurance fees.

FOOD

If there's any person with special diet/ allergies, please inform us about this.

It is especially important for us to know about diets/allergies/special needs.

Draft schedule:

- Day 1. Arrivals + Integration activity
- Day 2. Introduction to the topic. Getting to know each others games (working in multilingual groups) + evening with music
- Day 3. Team building games + Workshop session – History of democracy+ intercultural evening
- Day 4. Visiting Morskie Oko – trip to the mountains . Meeting with expert – active participation + intercultural evening
- Day 5. Workshop session “ Questions about democracy” –interviews with local community + preparation for happening
- Day 6. Workshop session –Be active +Intercultural evening
- Day 7 Workshop session “Democracy is around me”- workshop + preparation for happening

- Day 8 Happening in local centre of culture + city game. Final evaluation of a project + youthpass ceremony.
- Day 9 Departures.