



21st Annual Mustang Relays Indoor Invitational

hosted by Downers Grove South High School
Monday, March 10, 2025



This meet has always been a great opportunity for the Redhawks to get on in one of the best track and field facilities in the state, and it's only a few blocks away! Getting on the track at Res/Rec at NCC, against some of the strongest competition in the state, is an opportunity we will not take lightly.

[2022 Results](#)

[2023 Results](#)

[2024 Results](#)

[2025 Live Results](#)

Note parking will be extraordinarily difficult - You cannot be dropped off or stopped in front of Res/Rec Center

LOCATION: North Central College Recreation Center, 440 S. Brainard St., Naperville, IL.

SCHEDULE OF EVENTS: (the times after the first race are approximate; the meet will run straight through) 5:30pm
Doors open (please do not arrive before 5:30pm, you will NOT be allowed in Rec Center) 6:00 Deadline for scratches (scratches only, no additions)

6:00 4x800m runners should arrive at NCC

6:30 Girls 4x800m Relay (3 Sections...slowest to fastest)

7:00 4x200 and 4x400m runners should arrive at NCC

7:10 Boys 4x800m Relay (3 Sections)

- approx 7:30 race time

7:40 Girls 4x200m Relay (5 Sections)

8:00 Boys 4x200m Relay (5 Sections)

- approx 8:10 race time

8:20 Girls 4x400m Relay (5 Sections)

9:00 Boys 4x400m Relay (5 Sections)

- approx 9:30 race time

TEAMS COMPETING:

Girls: Batavia, Benet Academy, Bolingbrook, Burlington Central, Carmel, Downers Grove North, Downers Grove South, Glenbard East, Glenbard South, Hinsdale Central, Hoffman Estates, Kaneland, Lane Tech, Lincoln-Way East, Lockport, Loyola Academy, Lyons Township, Minooka, Naperville Central, Neuqua Valley, Niles North, Plainfield East, Plainfield North, Prospect, Riverside-Brookfield, St. Charles North, Sandburg, Shepard, St. Ignatius, West Aurora, Wheaton North, Whitney Young, and Yorkville.

Boys: Andrew, Bolingbrook, Bradley-Bourbonnais, Burlington Central, Downers Grove North, Downers Grove South, Glenbard East, Glenbard West, Glenbrook North, Hinsdale Central, Hinsdale South, Lane Tech, Lockport, Minooka, Montini, Naperville Central, Plainfield East, Plainfield North, Plainfield South, Sandburg, Sycamore, St. Charles North, St. Ignatius, West Aurora, West Chicago, Whitney Young, Willowbrook, and Yorkville.

SPECTATORS: ALL spectators will be directed to the 3rd floor balcony to view the meet. Spectators must use the elevator to reach the 3rd floor.

GENERAL INFO:

- **Spike** - athletes may wear running flats or up to 1/8 inch exposed pyramid spikes in the fieldhouse.
- **Bullpen** - the bullpen will be located in the southwest corner of the track. All relay teams must report to the bullpen 10 minutes prior to their race to check in and receive hip numbers.
- **FAT Timing for all races** - The anchor leg of each relay team must wear hip numbers on their right hip.
- **FOOD / DRINKS** - NO food or drinks will be allowed in the fieldhouse.
- **Awards** - there will be medals for the top 3 relay teams in each event.



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- **Admission** - spectators will be charged \$5 admission to the meet.
- **T-Shirts** - a limited number of Mustang Relays T-shirts will be sold at the meet
- **Spectator Parking** - Please use first level of the pavilion (37), Lot J (Upper Highland), I, or north of Chicago for parking

