

Minutes for the Greater NY Al-Anon Family Intergroup Representative Meeting

October 28, 2025 - 6:30 pm

Board members present: Farrah T. (Chair), Camille A. (Vice Chair), Cynthia R. (Treasurer), Betsy B. (Secretary)

Intergroup Reps Present:

1. Ana M., Sail into Recovery, Tuesday, 7:30 A Online
2. Chloe S., East Side Serenity, Sun, 6-7 at 8:15 (on Zoom)
3. Carol M., Work the Program, Not the Problem, Saturday, 1:00 pm
4. Sydney W., (for Debbie B) Stepped Up in the City Wed 7 pm Hybrid
5. David S., Trust and Spirituality, AAC, Sunday, Meditation - 10:00 am; 10:30 - regular meeting
6. Patty M., Harlem Hope and Harmony, Monday, 7 pm
7. Courtney B., Serenity in the Garden, Sunday, 4-5:15
8. Vickie H., Step Into the Heights, Thursday, 7 pm
9. Diane C., Stem into the Solution, Thursday 11:30 am-12:30 pm
10. Tom M., Work the Program, Not the Problem, Saturday, 2 pm
11. Dena, Start and End your Day Right, Everyday, 7:30 am & pm
12. Susan K., Wednesday Park Slope Day Mtg, Wed.11:30 am
13. Fred G., KISS Saturday, 7:30 pm
14. Michelle K, Brooklyn Heights Al-Anon Wed, 8 pm
15. Justine, Solutions and Serenity, Tuesdays, 7:30 Brooklyn
16. Courtney F., Balance, Boundaries, Trusting HP, Wednesday 2 pm and Park 60, Friday, 11:30 am

Also Present:

Devon, Special Worker

Elizabeth (Technical Support)

Jesse G.

Notetaker: Betsy B

- I. Opening:** Begin meeting with the **Serenity Prayer**
Board Reading of: "We Are But Trusted Servants"
Review Meeting Format
Reading of Conference-Approved Literature (CAL)

II. Introductions

Board of Trustee Members
Intergroup Representatives

Quorum Confirmed (note concerning quorum: if no quorum exists at the meeting, discussion on issues can continue, but no vote can be taken)

Opening Comments

III. Minutes Approved for [July 29, 2025 IR Meeting](#) (with two absents)

IV. Reports on Ongoing Activities

A. Treasurer's Report - Cynthia

[Profit & Loss](#)

[Balance Sheet](#)

- Cynthia, as Treasurer, announced she would be stepping down as of December 31, 2025;
- Cynthia also addressed several questions from the Intergroup Representatives including:
 - Why fluctuation in payroll processing fees: due to a TechSoup membership which provides several free months of processing;
 - Why Fluctuations in monthly rent: when rent was increased, additional security deposit had to be added to rent;
- Ana requested that Intergroup provide specific explanations for the above fluctuations;
- Cynthia also identified and expanded on the purposes of each of the bank accounts; no fees are charged for these accounts;
- Camille commented that the Board would be needing a new treasurer soon and she stressed the importance of the role in the operations of Intergroup: maintaining office expenses, including overseeing day-to-day income and expenses, bookstore inventory, appropriate filings, updating financial reports, etc.

B. [Office Operations - Camille](#) - Camille

- Included in the Office Report was an announcement of openings for office volunteers; Spring and Summer times are particularly needed; the report included various tasks that volunteers can assist with;
- Volunteers to serve on the Intergroup Board are also needed and a suggestion was made to implement separate training for new board members;
- The building where our Intergroup office is located has been on the market since September 2024 with no potential buyers in sight but it will be a concern should commercial real estate sales accelerate and things move quickly; some tenants have already sought out other space;
- The office space is available for AlAnon meetings and two new sister groups meeting there starting in December; guidelines for meetings will be in place before that time; one of the IRs asked if their group could use the space for an anniversary meeting and info regarding guidelines, such as capacity will be provided and a decision made.

V. Old Business

A. The contribution previously requested to offset any expenses in holding an IR meeting every quarter seems to some members as unnecessary since the meetings are now held on zoom and the zoom cost is covered as an office expense; there was much discussion regarding the continuation of this tradition with a variety of opinions including (1) every group should be self-supporting regardless of whether there are surplus funds; (2) there are no dues or fees in AlAnon only voluntary contributions; and (3) if there is a surplus of funds, why would we continue to ask for donations. Ultimately, this issue was tabled without a vote on whether to continue with the \$10 contribution; Cynthia noted that from time to time that funds are received through endowments; Fred stated that WSO has a percentage-based limit on such donations as well as on bequests.

VI. New Business

It was moved and seconded with a unanimous vote in favor of approving the date for the next quarterly meeting of Intergroup Representatives to be held on January 27, 2026 with the following dates for quarterly meetings to be

discussed at that time with the goal of establishing a date when there would be increased participation.

VII. Closing - Serenity Prayer and the Al-Anon Declaration