



Team S.T.A.R. **TRAINING**

2025-26 SEASON SF YOUTH SOCCER

Thank you for signing up to participate in the S.T.A.R. Program. Your involvement helps create a more positive learning environment for the players, coaches, and youth referees. Whether you are new to the S.T.A.R. Program or a returning S.T.A.R. who needs to complete the online modules, this document will help you understand the requirements outlined in order to complete the S.T.A.R. program!

Training Summary

Traditionally the S.T.A.R. Program consisted of an online portion as well as a physical field training. Due to the events surrounding Covid 19, the field session was eliminated as a requirement for S.T.A.R. compliance with regard to the 2020-21 season. The field session is back and will be a requirement for all S.T.A.R.s in order to be in full compliance for Fall 2025.

Field session attendance is tracked via formsite sign ups. Space is limited at these trainings in order to provide the right instructor to participant ratio. Three field sessions are currently scheduled. The two sessions in August and one session in September. RSVP your preferred session [here](#). Field sessions are 3 hours long and participants receive a hat, flag, and a whistle (in case of emergency).

For the online portion, participants will navigate through PENSRA, the online platform used by referees, to complete the online modules. Once completed, proof is to be sent to **sfysSTAR@sfyouthsoccer.com** via a screenshot and a certificate of completion will be generated for your records. Training is only required once and does not need to be completed every year (though it does not hurt to serve as a refresher)!

- Step 1 [[go](#)] : Create a Profile in the PenSRA referee assignment system
- Step 2 [[go](#)] : Complete the Team S.T.A.R. Training Modules
- Step 3 [[go](#)] : Submit proof of completion



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Step 1) Create a profile on PenSRA

Create a profile on pensra.org. This is where referees find their game schedules and also complete and maintain their license and training. We have migrated the referee training modules from US Soccer's website here.

Peninsula Soccer Referees Association

Home | FAQ | Assignment | ResetPassword | Directory | Inquiry | MatchReport | Locations | Calendar | Profile | Mail | Inbox

Welcome to Peninsula Soccer Referees Association. We serve soccer programs in San Mateo, San Francisco and surrounding Counties.

Click here to Logon | **Click here to Register with PenSRA as a Referee**

Lost? Return to this home page by clicking on the logo in the upper left corner.

Traducir esta pagina web al espanol. Haga clic en el icono en la esquina superior derecha.

What's New?

Monday February 17th, 2020

2020 Registration Status

Pensra has been updated as of 2/17/20 with the 2020 USSF registrations as listed in the 2020 Assignor download on the CNRA GameOfficials website.

- There will be snafus this year as there are two different registration systems being used.
- It can take up to 3 weeks between the time you register

Click to Register brings you to this screen:

Register

Home | FAQ | Assignment | ResetPassword | Directory | Inquiry | MatchReport | Locations | Calendar | Profile | Mail | Inbox

If you are not currently a Pensra Participant and you would like to register **yourself** for participation at www.pensra.org, please complete the following information in it's entirety and click "Register" at the bottom of the page.

Key #0

Name: [Field]
Address: [Field]
City: [Field] State: CA Zip: [Field]
Gender: [Field] Birthdate: [Field] mm/dd/yyyy
PrimaryPhone: Home [Field] PrimaryEmail: Email1 [Field] Email2 [Field]
Cellular: [Field]
Federal Tax: SSN [Field] *Referees only
Emergency Contact: [Field] Phone: [Field]
Notes: [Field]

Role(s) (select all that apply...)

Assignor? [Field]
Client? [Field]
USSF? [Field] Grade: [Field] Latest Year: [Field]
AYSO? [Field] Badge: [Field]
NFHS? [Field] Referee? Latest Year: [Field]
S.T.A.R. [Field] Referee? [Field]

Action [Register]

Directory

Your name, primary phone number, primary email address, and city will be displayed to other logged on Users of the website via the Services:Directory.

You opt-in to place more information in the Directory by checking ☒ besides those data fields.

Minimum Information Required

Last Name
First Name
Gender
City
One Email
One Phone Number

Roles

☒ **Assignor** is an individual responsible for assigning referees to matches.
☒ **Client** is an individual responsible for hiring referees for matches.
☒ **Referee**
USSF is a referee that works USSF matches - typically competitive youth.
AYSO is a referee that works AYSO matches - typically recreational youth.
NFHS is a referee that works High School matches.
USSF Grade is typically Grade 8 or Grade 9 for new referees. It is **not** year grade in school.

- New referees are typically USSF Grade 8 or Grade 9. New referees are not Assignors. New referees are typically not NFHS (High School) referees.
- Grade refers to your USSF referee level. Grade is **NOT** your grade in school.
- Latest Year refers to when you were last registered with USSF or NFHS. What is the latest year that you have paid for and met the requirements to referee?
- Information collected here is ONLY used to identify who you are and establishes your eligibility for involvement with the Pensra. You are required to provide the following fields: First Name, Last Name, Address, City, Zip, a PrimaryPhone and a PrimaryEmail. Please include in **Notes** your reason for application ("I just obtained my USSF License and would like some Assignments", "I am the Assignor for the xyz Soccer Club"; etc.)
- The ONLY information that you will be required to divulge to the general Membership is your Name, PrimaryPhone and PrimaryEmail. Other information is available to the general membership only if you elect to make it so (by clicking on the checkbox ☒ next to the field title). You CAN change what you elect to make available at any time after you logon at **Services: Profile**
- You WILL be required to agree to the appropriate Pensra Agreement(s) after logging onto our site.
- Registrations are reviewed by a human being before approval. We try to review new registrations no less frequently than twice a week.

Caveat - Team STARS do NOT need to input your SSN. Simply put '111111111'.

(This field is required for referee payment, but you are all volunteers. If you decide to put your volunteer skills to work, you're welcome to enter the referee pool. Email david@sfyouthsoccer.com for more information!)

Once you have completed this, a password will be emailed to you so that you may log in.

This usually takes a few days and is a manual process by the webmaster.



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Step 2) Do the Training

After a few days pass and you obtain a username and password, you will login to PenSRA and go to "Continuing Education" under "Referee"

Referee Logout as David Beardon

[Home](#) | [FAQ](#) | [Assignment](#) | [ResetPassword](#) | [Directory](#) | [Inquiry](#) | [MatchReport](#) | [Locations](#) | [Calendar](#) | [Profile](#) | [Mail](#) | [Inbox](#)

You have 43 Unread messages in your Inbox

Overall Assignment Status through Wednesday (5/20/2020 2:14 pm)

Ref: [REDACTED]
AR1: [REDACTED]
AR2: [REDACTED]

To get a feed of Referee messages see the [FAQ](#) [RSS Feed](#)

Referee Tip of the Week

The Second Caution

Once a player has already earned a Caution (Yellow Card), you do not want to give that player a second Caution and send off that player, unless the behavior of the player is blatantly obvious to all that the second Caution was necessary.

You want the teammates and the coach to admonish the player for being stupid, instead of blaming the referee.

Use preventive refereeing - talk to the player. "Number 6, you already have a caution. Do you really want to delay the restart? Move back now."

You can access any of the following tools and information by clicking the hyperlink elements at the left of the screen:


- [Accounting](#)
View the accounting information associated with services rendered for Pensra
- [Agreement](#)
The Usage Agreement describes and establishes the formal relationship between Pensra and you
- [Assignors](#)
A listing of the Pensra Assignors and their activity areas
- [Availability](#)
Respond to questions posed by Assignors to establish your own Availability for Assignments
- [Calendar](#)
Display scheduled Events and Activities that applies to Pensra
- [Continuing Education](#)
General education, training, and miscellaneous Training exercises for the Game in our area
- [Evaluations](#)
Review the average Evaluation results for Evaluations associated with your Assignments
- [FAQ](#)
Frequently Asked Questions provide information on how you can interact with this website.
- [Feedback](#)

Once you click on "Continuing Education" you will be taken to the modules page. Certification of Law 1 is Training Module 57 in PENSRA and will subsequently have 16 more Law Modules to accompany it.



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2025-26 SEASON SF YOUTH SOCCER

**Continuing Education**

Logoff as [David Reardon](#)

[Home](#) | [FAQ](#) | [Assignment](#) | [ResetPassword](#) | [Directory](#) | [Inquiry](#) | [MatchReport](#) | [Locations](#) | [Calendar](#) | [Profile](#) | [Mail](#) | [Inbox](#)

Assignor
Client Information
Mentor
Referee
[Accounting](#)
[Agreement](#)
[Alerts](#)
[Assignors](#)
[Availability](#)
[Calendar](#)
[Continuing Ed](#)
[Answers](#)
[Evaluations](#)
[FAQ](#)
[Feedback](#)
[Inquiry](#)
[Match Report](#)
[Ranking](#)
[Rules](#)
[Tournaments](#)
Services
Logoff

David Reardon
We show the following **Continuing Education** modules as currently being available:

All

Available

Fail

Incomplete

Pass

<=today

>=today

Show

20

Key	Category	Name	Description	Start	End	Status	Action
75	Certification	STAR Referee Law 5	STAR (Specially Trained Assistan...	1/1/1900	1/1/2021	Available	>
74	Certification	STAR Referee Law 7	STAR (Specially Trained Assistan...	1/1/1900	1/1/2021	Available	>
72	Certification	STAR Referee Law 17	STAR (Specially Trained Assistan...	1/1/1900	1/1/2021	Available	>
71	Certification	STAR Referee Law 16	STAR (Specially Trained Assistan...	1/1/1900	1/1/2021	Incomplete	>
70	Certification	STAR Referee Law 15	STAR (Specially Trained Assistan...	1/1/1900	1/1/2021	Available	>
69	Certification	STAR Referee Law 14	STAR (Specially Trained Assistan...	1/1/1900	1/1/2021	Available	>
68	Certification	STAR Referee Law 13	STAR (Specially Trained Assistan...	1/1/1900	1/1/2021	Available	>
67	Certification	STAR Referee Law 12	STAR (Specially Trained Assistan...	1/1/1900	1/1/2021	Available	>
66	Certification	STAR Referee Law 11	STAR (Specially Trained Assistan...	1/1/1900	1/1/2021	Incomplete	>
65	Certification	STAR Referee Law 10	STAR (Specially Trained Assistan...	1/1/1900	1/1/2021	Available	>
64	Certification	STAR Referee Law 9	STAR (Specially Trained Assistan...	1/1/1900	1/1/2021	Available	>
63	Certification	STAR Referee Law 8	STAR (Specially Trained Assistan...	1/1/1900	1/1/2021	Available	>
62	Certification	STAR Referee Law 6	STAR (Specially Trained Assistan...	1/1/1900	1/1/2021	Incomplete	>
61	Certification	STAR Referee Law 2	STAR (Specially Trained Assistan...	1/1/1900	1/1/2021	Pass	>
60	Certification	STAR Referee Law 4	STAR (Specially Trained Assistan...	1/1/1900	1/1/2021	Pass	>
58	Certification	STAR Referee Law 3	STAR (Specially Trained Assistan...	1/1/1900	1/1/2021	Pass	>
57	Certification	STAR Referee Law 1	STAR (Specially Trained Assistan...	1/1/1900	1/1/2021	Pass	>
56	Recertification	STAR Referee Test	Required exam to become a STAR (...)	1/1/1900	1/1/2021	Available	>
55	Instruction	Sportsmanship	The International Football Assoc...	1/1/2019	2/27/2022	Available	>
54	Instruction	2019/2020 Circular no. 17 Additional instructions from IFA...		8/20/2019	8/1/2020	Available	>

Displayed 1 to 20 of 36

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Each Module will have a short video with a couple questions at the end. To begin the module, click on the 'Action' button ('>') Once you answer the questions correctly; record will then be recorded that you have completed that module.




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Step 3) Submit Proof of Completion

Note: Once all modules are completed, you can take a screenshot of the status of the modules (Pass) and send proof to sfysSTAR@sfyouthsoccer.com to satisfy the online requirement of S.T.A.R. training!

We've postponed the field session requirement for the Fall 2020 season, so you will receive a Certificate of Completion for your records after the online portion has been satisfied. We will ideally host field sessions in advance of Spring season for those that want a refresher course.

**Continuing Education**Logout as David Reardon

[Home](#) | [FAQ](#) | [Assignment](#) | [ResetPassword](#) | [Directory](#) | [Inquiry](#) | [MatchReport](#) | [Locations](#) | [Calendar](#) | [Profile](#) | [Mail](#) | [Inbox](#)

David Reardon
We show the following **Continuing Education** modules as currently being available:

Assignor

Client Information

Mentor

Referee

Accounting

Agreement

Alerts

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Availability

Calendar

Continuing Ed

Answers

Evaluations

FAQ

Feedback

Inquiry

Match Report

Ranking

Rules

Tournaments

Services

Logout

All

<=today

>=today

All Available

Fail

Incomplete

Pass

Show

20

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58	Certification	STAR Referee Law 3	STAR (Specially Trained Assistan... >	1/1/1900	1/1/2021	Pass	>
57	Certification	STAR Referee Law 1	STAR (Specially Trained Assistan... >	1/1/1900	1/1/2021	Pass	>
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Displayed 1 to 20 of 36 >



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MISC) Troubleshooting FAQs

- ☐ An **Emergency Contact** is required to be added within your profile to access Continuing Education.
- ☐ Failing to provide a **birthday in your profile** will also prevent you from being able to view the Continuing Education section.
- ☐ Your password and welcome email is sometimes sent to your SPAM folder, check this before contacting the webmaster.