

Delaware 4-H Historical Contests



Bee Keeping Essay

*This contest is Sponsored by The Foundation for the Preservation of Honey Bees, Inc.
(the winning State essay competes in the National contest!)*

Honey bee colonies have developed many ways to stay healthy. Their immune responses range from behaviors such as grooming to using materials such as propolis, a plant-derived substance bees coat on the interior of a hive for antimicrobial purposes. Even the gut of the honey bee contains beneficial bacteria to help the bee stay healthy!

Clover Quest Trail Challenge

The Clover Quest Trail Challenge *Ride/Drive the First State with Delaware 4-H Horse Program*

General Information and Eligibility:

1. You must be a currently enrolled Delaware 4-H member in good standing and should be enrolled in a horse project. Both hours/miles in the saddle and hours/miles spent driving horses can be counted. 4-H leaders/adults may participate. If adults are competing on a team, the team must contain at least (1) 4-H member.
2. If you register after the challenge begins, you may only accumulate hours/miles from that date forward, back hours/miles will not be accepted.

Divisions:

- Participation Division- For those that want to participate, but not competitively, there is a participation only option. Hours/mileage accumulated will not be considered for end of challenge award recognition. For example- those members who only take a riding lesson once a week.

- Individual Division- For those that want to participate competitively. Hours/mileage accumulated will be considered for end of challenge award recognition.
- Team Division- A full team consists of 4 members, teams of three may also compete. Teams must include at least one 4-H member. A family unit can be considered a team. Clubs may participate as a team and clubs may submit multiple teams. If participating as a team, select a team name and a team captain. The team captain will be responsible for submitting the team log by the submission deadline.
- 4-H members are eligible to compete in both the individual and team divisions simultaneously.

Hours/Mileage:

Training/Conditioning and recreational hours/mileage count. Hours/mileage logged during any form of competition do not count. Both hours riding and hours driving may count towards this challenge. ***Teams do not have to ride together. Your miles and hours can be logged separately. When riding, please keep safety measures such as riding helmets, proper footwear, trail etiquette and social distancing protocols in mind.***

Extend Your Knowledge:

Consider reviewing the following free web based resources about trail riding safety and trail etiquette:

- [Tips for Staying Safe on Roads and Trails Webcast](#) - Dr. Betsy Greene, University of Vermont
- [Trail Riding 101-Free Online Course through My Horse University](#)
- [Trail Riding Etiquette for Horse And Rider Article](#)
- [Responsible Trail Riding Article](#)

Recognition:

Top Placing individuals and teams will be recognized.

All participants will receive a participation certificate at the end of the challenge no matter your accrued hours, mileage or participation level.

To Enter:

Entry is made online via a Google Form. For those competing as a team, submit one (1) completed team entry form via an online Google Form with team captain identified.

- [Individual Entry Google Form](#)
- [Team Entry Google Form](#)

Entry will not be considered eligible for awards until your entry form and log form have been received. Mileage and team captain log sheets must be turned in by the deadline.

Submitting Mileage:

Submit mileage/time logs to Susan Garey truehart@udel.edu

Mileage deadlines: Individuals will report their hours and miles using the provided log form by the deadline. Team members should report their hours and miles to the team captain regularly throughout the challenge.

Reminder: You do not have to ride together as a team. Miles can be logged separately.

It is not a requirement to use the apps mentioned below however, here are some apps that you may find helpful in logging your mileage:

- Map My Ride
- My Tracks-Google
- Horse Trail
- Equi-Trail
- Horse Riding Tracker

We encourage you to take pictures, post on social media and use the hashtags **#de4h**, **#DE4HHorse** and **#de4hCloverQuest**

**Get out and enjoy our beautiful state from horseback!
Go Ride!**

Documents

- [Download Clover Quest Trail Challenge info >](#)
- [Download Clover Quest Trail Challenge Log Sheet >](#)