

How to Put Your Smile in Danger



According to the research, your body health is connected to your [oral health](#). Many people did not go for checkup so that they suffer from serious oral health problem. You should go to dentist after every six month for dental cleaning. Nowadays, some people don't have enough time to visit for checkup because they are stuck in their routines like work, spending time with family, so their appointments can be postponed. When there is no money in pocket and tight condition, this is also a reason. Poor dental habits include cavities, gum disease and tooth loss, this will create severe condition of your dental health. You should take care of your dental health and it is very important.

Disadvantages of Delaying in Dental Treatment

you will be stunned after knowing the disadvantages of delaying in dental treatment. The disadvantage of delaying in dental treatment is the cost of the surgery. The surgical treatment includes bone grafting or implant crown, or full mouth implants. The surgical procedures differ from one patient to another patient. So it depends on the situation of your dental health and cost according to the treatment. You should pay visit to your dentist for checkup and dental treatment. Otherwise, it could be severe and critical condition. To stay healthy, your teeth need regular maintenance. It is impossible to remove bad bacteria and tartar by routine cleaning or periodontal maintenance at home. This bacteria can cause gum infection and in result, the gum infection occurs bad breath, pain, tooth loss and health complications. Make sure that you have to visit a dentist on regular basis and make it your

routine. This will help you to keep your oral health perfect and prevent you from serious health problem.

Delaying is a Problem

When there is delaying in dental treatment, some issues could occur. Here are some common issues which affect the dental health.

Cavity progression

you have to visit your dentist regularly to avoid cavities. Your dentist should detect cavities when they are small and prescribed a treatment. When cavities catches at early stage, the chance of infect your teeth is less and also less damaged. Delaying in [dental filling](#) appointments can cause cavity and grows at large. This could be costly treatment if infected at large stage.

Infection in Root Canals

Root canals can be infected when decay in your teeth grows and no dental checkup. If root canals is infected, you may have swelling in the gums or pain in teeth. The root canal therapy is needed when teeth is damaged and it allows to arise more. When the teeth is damaged by infection, a dental crown is usually placed to cover the remaining the tooth structure.

Progression of Gum Disease

The gum disease is occur due to poor oral hygiene. It is basically as swelling in the tissues surrounding and supporting your teeth. Gum disease can cause the recession of the gums and loss of bone. The swollen gums bleed easily when teeth are brushed or flossed. If gum disease is not treated early then you may have tooth loss or health problems. It is very important for your dental health and your smile.

Regular Checkup and Save Money

You should pay visit to your dentist regularly. Because your dental health are depends on you. The more you late the more cost you will bear for your dental treatment. So make sure that to [visit dentist](#) after every six months. It is a less expensive alternative to visit your dentist regularly for checkup, cleaning and dental treatment. The problems can be identify and treated early. This will save your money and time.