

FKC Cross Country Invite

Overton Golf Course

75314 Road 441 Overton NE

September 29, 2023

10:00 am

Schedule:

10:00 am HS Girls 5K, HS Boys 5K, JH Girls & Boys 2.5K If needed will separate boys and girls

Teams: Amherst, Ansley-Litchfield, Axtell, Elm Creek, Hi-Line, Loomis, Overton, Pleasanton, S.E.M., Wilcox-Hildreth

Parking: Available in course lot or nearby gravel roads. DO NOT PARK ALONG HIGHWAY 30

Entries: Schools may enter unlimited number of runners but must declare no more than five (5) varsity runners. The three (3) with the lowest score will be used to determine team championship.

Medals: Individual medals to top fifteen (15) finishers.

Championship Team: Gold Plate championship Plaque, Gold Medals Five (5)

Runner-Up Team: Silver Plate Runner- Up, Plaque

Third Place Team: Bronze Plate Third Place, Plaque

Ties: Ties shall be broken by comparing the fourth-place finishers. If a team does not have a fourth-place finisher, the team with a fourth-place finisher prevails. If only three competitors of the tied teams finish, the team score shall be resolved by totaling scores of the first two finishers.

Course: Relatively flat course on well-groomed grass. HS 3.1 mile (5K) JH 1.5 miles (2.5K)

Junior High: Schools may enter an unlimited number of runners. Team scores will not be kept.

The FKC will supply awards to the top 10 finishers of the boys' and girls' race.

Entries: Each coach was sent an athletic.net invitation. If it was not received us the link

<https://www.athletic.net/CrossCountry/meet/230569/info>

TEAM PARKING:

 team parking.jpg