
Document is available via: <http://bit.ly/BenefitFromQuraan>

Questions?

If you have any questions about this you can reach Coach Zubair at
CoachZubair@gmail.com

Table Of Contents:

[Introduction](#)

[Video Content On Social Media](#)

[Apps](#)

[Videos On Tools & How To Get Started](#)

[Slides and Notes Folder](#)

[Actionable Reflections | Videos | Gems | Tadabbur Notes](#)

[Surat ul Kahf | Chapter 18 | Actionable Reflections | Videos | Gems | Tadabbur Notes](#)

[Juz 29 | Chapters 67 - 77 | Actionable Reflections | Gems | Videos | Tadabbur Notes](#)

[AlFaatiha & AlBaqarah | Chapter 1 & 2 | Actionable Reflections | Gems | Tadabbur Notes](#)

[Tafseer - Saa'di - Brief and concise explanation of Quran in English](#)

[Online Arabic Learning program / Teachers](#)

[Success Stories: Tests & Presentations by Students](#)

• [Winter - 2018 - Graduation - How to Ease Your Stress](#)

• [Summer 2018 - Graduation - The Power of Blessings from Allah | Barakah Effect & Quranic Mindset](#)

[Arabic Grammar Slides and pdfs](#)

[Build Habits](#)

[Arabic Grammar Video Series](#)

[How to think about Action Points / Points of Benefits? When you read a verse ask yourself the following questions!](#)

[Online Course Covering - Surat aal - i - 'imraan and juz 30](#)

[Online Tafsir Reference| Quranic Exegesis | How to go deeper | Understanding Quranic Tafsir | Demo of qTafsir.com](#)

[How To Reflect On Verses | Action Points | Tadabbur](#)

Introduction

Qur'an is such a blessing for us and by sticking to it the possibilities for our spiritual and physical growth is tremendous. We can 10x or 100x or 1000x our quality of life and blessings in it by strengthening our relationship with Quran. Make a plan, build small habits, stick to it, review results and adjust your habits.

Make a family culture of studying quran together.

See the resources below for practical aids.

Video Content On Social Media

- <https://www.youtube.com/c/CoachZubair>
- <https://www.instagram.com/coachzubair>
- <https://www.facebook.com/CoachZubair/>

Apps

- Amazing App For Quranic Arabic - Word By Word - By Greentech Apps Foundation - AlQuran
 - You can download from
 - Android: <https://play.google.com/store/apps/details?id=com.greentech.quran>
 - iOS: <https://apps.apple.com/us/app/al-quran-tafsir-by-word/id1437038111?platform=iphone>
 - <https://youtu.be/B35IL3Eupks>

Videos On Tools & How To Get Started

- Quranic Arabic & Actional Reflections - Surat ul Kahf - 2022
 - https://www.youtube.com/playlist?list=PLhZgVB58RLcWj2HI09gHU_DpT7JbYDFKz
- corpus.quran.com & quran hive Demo Video
 - <https://youtu.be/c6Tooeh2D6Y>
- Tips To Increase Your Quranic Arabic Vocab
 - https://youtu.be/7ChqQ5vUJ_U
- Tips To Extract Actionable Reflections
 - <https://youtu.be/XIVIB9npvw8>
- Webinar - How To Strengthen Your Relationship With The Speech of Allah
 - <https://youtu.be/bUrl-p32K2k>

Slides and Notes Folder

https://drive.google.com/drive/u/0/folders/1yBSCvxNwvIpt2tT_JrIMsvzsTY8Sml2D

Actionable Reflections | Videos | Gems | Tadabbur Notes

Quranic Transformations - 10 min Conversations / Podcast with Live Reflections / Tadabbur

- <https://www.youtube.com/playlist?list=PLhZgVB58RLcVEGf4gxvJjmaC99bF4hQHo>

Surat ul Kahf | Chapter 18 | Actionable Reflections | Videos | Gems | Tadabbur Notes

- Notes https://docs.google.com/document/d/1o5G4JvlmeaotPK_JsDxApcJ0bX7930PrJeEvcrBnXMc/edit
- Videos https://www.youtube.com/playlist?list=PLhZgVB58RLcWj2HI09gHU_DpT7JbYDFKz

Juz 29 | Chapters 67 - 77 | Actionable Reflections | Gems | Videos | Tadabbur Notes

- In progress Notes & Videos
- Notes

- Videos : Reflections & Notes - <https://www.youtube.com/playlist?list=PLhZgVB58RLcVTZKKIvVGROB2k-MCSuCtz>
- Videos : Quranic Arabic Word By Word - <https://www.youtube.com/playlist?list=PLhZgVB58RLcUNYxe3Lr6o04tJcjX4w0o7>

AlFaatiha & AlBaqarah | Chapter 1 & 2 | Actionable Reflections | Gems | Tadabbur Notes

- Not Complete yet
- <https://docs.google.com/document/d/1JKQZTIPqCsKYuZteDj56rV0znwUgz6HsQL0CrxbZZJ4/edit?usp=sharing>

Tafseer - Saa'di - Brief and concise explanation of Quran in English

Tafseer As-Sa'di is now available online for free.

Link: <https://kalamullah.com/tafseer-as-sadi.html>

Online Arabic Learning program / Teachers

- Quranic Arabic -
 - <https://understandquran.com/>
 - <https://alhudaonline.org/online-courses/>
- IOU Advanced Arabic <https://iou.edu.qm/stream/iap/>
- IOU courses
 - <https://iou.edu.qm/stream/ba-arabic/course-description/>
- AlKauthar has arabic courses too <https://online.alkauthar.org/>
- One on One Online Teachers
 - You can find many here - <http://preply.com/>
 - A recommended one - <https://preply.com/en/tutor/61569/?ssr=true>
- Video Series - quick essential grammar in twelve modules
 - <https://www.youtube.com/playlist?list=PLhZgVB58RLcXMSkZXiiYlmt0fJkHhIEWn>
- Vocab + grammar videos
 - https://www.youtube.com/playlist?list=PLza_2n8-NO6JRBquenwxgwH82jgCTK3fi
- Quranic Vocab Apps
 - <https://apps.apple.com/us/app/quranic-quran-arabic-learning/id1381145375>
 - <https://play.google.com/store/apps/details?id=com.pnw.quranic.quranicandroid&hl=en&gl=US>
 -
 - <https://play.google.com/store/apps/details?id=com.greentech.quran>
 -

Success Stories: Tests & Presentations by Students

- Winter - 2018 - Graduation - How to Ease Your Stress
 - <https://www.youtube.com/watch?v=e8M2nX8ageg>
- Summer 2018 - Graduation - The Power of Blessings from Allah | Barakah Effect & Quranic Mindset
 - <https://www.youtube.com/watch?v=MVs95gPiBMw>
- Student Sharing Action Points During Quiz
 - <https://www.facebook.com/AbuHurairaCenter/videos/547778619039252/>

Arabic Grammar Slides and pdfs

<https://drive.google.com/drive/folders/0B5xHcX8eo3jRejVBQUNBUmkwLUk?resourcekey=0-dlQ82i22opUKDuMy6ujdjA&usp=sharing>

Build Habits

- Use apps like HabitShare <http://habitshareapp.com>
- Science behind building habits check out - <https://boxofcrayons.com/the-coaching-habit-book/coaching-gurus/>

Arabic Grammar Video Series

https://www.youtube.com/playlist?list=PLza_2n8-NO6K6kmKmgp7UNwS-Ztr5PXUY

How to think about Action Points / Points of Benefits? When you read a verse ask yourself the following questions!

Online Course Covering - Surat aal - i - 'imraan and juz 30

<https://islamiconlineuniversity.com/reflection/>

Online Tafsir Reference| Quranic Exegesis | How to go deeper | Understanding Quranic Tafsir | Demo of qTafsir.com

- <http://qtafsir.com>
- <https://youtu.be/4BrcgQqT83w>

How To Reflect On Verses | Action Points | Tadabbur

Reflect on every verse!

- What does it tell me about my Lord?
- Who is it talking about?
- Which qualities is it talking about?
- How do I do in terms of those?
- Who/What does Allah Love, who/what he does not?
- What is it reminding me to FOCUS on?
- Does it have a promise from my Lord?
- What does it teach me about powerful and smart mindset?
- How would I use this to advise a friend who may be going through a related situation

-
- Tips To Increase Your Quranic Arabic Vocab
 - https://youtu.be/7ChqQ5vUJ_U
- Tips To Extract Actionable Reflections
 - <https://youtu.be/XIVIB9npvw8>