



👤 For those who prefer watching over reading — here's a [quick video \(under 4 mins\)](#) showing how AI can help you in various way over and above writing and coding. Yes, it really simplifies complex ideas. It's practical, not theory — and shows how AI can do much more than you think! Do watch when you get a break — useful even if you're not into tech 😊 - Share in your social media

Prompt

Please review this presentation give what are the good points and what are the improvements to be done

Output Chat gpt

Here is a professional review of the presentation titled **"EGO State Stroke in English Good One.ppt"**, tailored for a corporate HR trainer conducting a **90-minute session for departmental leaders** at Lucas Padi:

✅ Strengths of the Presentation

1. Core Content Coverage

- The presentation covers key components of **Transactional Analysis (TA)** including:
 - Structural, Script, Game, and Transactional Analysis
 - Ego states: Parent, Adult, Child

- Stroke theory and personality factors

2. Simple, Relatable Definitions

- Definitions like “Parent Ego = external advice,” “Adult = rational processing,” and “Child = emotion-driven reactions” are intuitive and grounded.

3. Depth of Information

- The material is comprehensive, covering TA concepts in good detail, including nuanced subtypes like **Critical Parent**, **Nurturing Parent**, **Adaptive Child**, etc.

4. Visual Repetition for Reinforcement

- Frequent reinforcement of key elements (e.g., Thoughts, Feelings, Behavior, Posture) aids memory retention.

5. Inclusion of Real-Life Influences

- Slides discussing how factors like family, religion, and peers shape personality add psychological realism.

Areas for Improvement

1. Structure and Flow

- **Issue:** Content is well-researched but lacks logical flow tailored to a 90-minute executive-level session.
- **Fix:** Reorganize slides into the following sections:
 1. *Introduction and Objectives* (What is TA, Why it matters to leaders)
 2. *Understanding Ego States* (Parent, Adult, Child with clear contrasts)
 3. *Application in Leadership* (Examples of transactions at the workplace)
 4. *Stroke Economy & Recognition* (Giving feedback, managing teams)
 5. *Case Scenarios & Reflection* (Interactive elements)

2. Visual Design and Engagement

- **Issue:** Slides are text-heavy and lack corporate visual polish.
- **Fix:**
 - Add **visuals or icons** for each ego state.
 - Use **color-coded diagrams** (Parent = Blue, Adult = Green, Child = Red) for clarity.
 - Replace large text blocks with **bullet points or flow charts**.
 - Include 2–3 **workplace scenarios** with role-play elements.

3. Tailoring to Leaders

- **Issue:** Current tone and structure resemble an academic lecture.
- **Fix:** Include how leaders can use TA for:
 - Giving constructive feedback (using Adult state)
 - Avoiding “games” in team communication
 - Managing difficult conversations
 - Building stroke-rich cultures

4. Slide Redundancy

- Several slides repeat phrases like "Thoughts, Feelings, Behavior..." without adding new insight.
- **Fix:** Consolidate similar content into 1–2 impactful summary slides.

5. Slide Count

- **Current:** Over 30 slides — may be difficult to complete in 90 minutes.
- **Target:** Limit to **12–15 slides**, with 3–5 slides reserved for:

- Introduction
 - Interactive Exercise or Case Study
 - Summary & Q&A
-

Suggested Slide Titles for Revised Deck

1. Welcome & Objectives
 2. Why Transactional Analysis Matters in Leadership
 3. The Three Ego States: Parent, Adult, Child
 4. Characteristics of Each Ego State
 5. Understanding Ego State Triggers at Work
 6. The Concept of “Stroke” and Recognition
 7. Positive vs Negative Strokes in Teams
 8. Common Communication “Games” Leaders Must Avoid
 9. Shifting to Adult State in Leadership
 10. Case Examples: Handling Conflict Using TA
 11. Reflection Questions
 12. Summary: TA as a Leadership Tool
 13. Q&A or Group Exercise
-

Would you like help redesigning a few slides from this improved outline to make the content visually appealing and engaging?

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