How AI Creates Income That Travels With You: Carolyn Robistow & Kym Tolson

@6:38 - **Carolyn Robistow (host)**

Welcome to the Scalable Therapist. This is day one, and I am so jazzed. We are kicking this off with some stellar conversations.

I'm going to give you everything you need in order to get your two questions answered from this event. Question one is, is a one-to-many offer the right next thing to add to my income stream as a therapist?

And two, if so, like what? That's my first step. And I am your host for this entire event. I am Carolyn Robistow.

I'm the creator of Hourleta Out of Office. And therapists call me when they're ready to cut their work week in half and still have money in the bank by creating a one-to-many offer like group coaching or group psychotherapy so that they can have them more freedom to travel or just read books.

Or if you're like me, want to bring all your books onto a boat and travel full time. And so for day one here, I have tapped the amazing Kim Tolson, who I'm sure you have heard of before.

In case you haven't, Kim helps therapists build flexible, ethical, and scalable private practices using smart business systems and AI so they can reclaim their time, reduce burnout, and create more freedom without being stuck in the traditional one-to-one model.

So even, Kim, like just telling people about you, it is obvious why I absolutely needed you to be here for day one of the event.

So thank you so much for being here.

@7:59 - **Kym Tolson (kymtolson.com)**

You're Welcome. Thanks for inviting me. I'm excited. I love to help therapists scale. So this is, this is right up my alley.

@8:06 - **Carolyn Robistow (host)**

Yeah. Perfect. Yeah. Like a match made in heaven. Here we are. So you are known, and anyone who maybe didn't even recognize Kim Tolson would know this name.

You are known as the Traveling Therapist. What led you to become the Traveling Therapist?

@8:21 - **Kym Tolson (kymtolson.com)**

Well, so I was in a brick and mortar office and I was taking like eight weeks of vacation a year.

So I would go take my vacation, come back and cram in a thousand clients and then do the same thing again.

And I was so burned out. Just, it wasn't working, but I love to travel. So eventually I figured out in 2018 through my friend Amber Leida's step-by-step course that I could be an online therapist that I took the course.

And I mean, I never looked back, you know, so I was like, I was like out of the office very quickly, transitioned to online.

And then in 2022, we were kind of like renting. and moving around and stuff. And then 2022, we were like, you know what, what are we doing?

So we just decided to put the rest of our stuff in storage after we had already sold everything back in 2019, 2020, put it in storage and decided we were just going to live in Airbnbs.

So that's what we're doing. And then what evolved from that, of course, I'm like somebody that has to like teach everybody else how to do what I'm already doing.

So I was like, oh my God, okay, I'm going to be the traveling therapist. So I've got to teach everybody how to do this because it's so fun.

We have so much freedom. We can go anywhere. You know, work from anywhere. We've got it all figured out.

We don't have it all figured out. Disclaimer, but we've got a lot figured out. Yeah. I thought I did, you know, and I'm learning every day.

Every day, there's something new that pops up, but I have, you know, I created the traveling therapist. have a podcast, a Facebook group, a course, all that stuff to help people have portable practices so they can travel the world.

@9:54 - **Carolyn Robistow (host)**

Yeah. And I love even the term portable practice, right? Because effectively that's, that's why we drive so well is because.

@10:00 - **Kym Tolson (kymtolson.com)**

I also have a portable practice, whereas you're ping-ponging around from Airbnb to Airbnb.

@10:05 - **Carolyn Robistow (host)**

I bring my whole house with me like a snail, right? And so I'm living on this boat and we're traveling.

But, you know, so much of what you teach and share is beneficial in so many ways as a traveling therapist because it's not just like you don't teach just like how to go and live in Airbnbs.

You teach how to make your practice portable, and that is such a game changer. And I know that one of the main things that you are geeking out with us on right now is how AI is going to help or already is helping with this portable practice, you know, goal, right?

So what in all of the time you've been doing this work, what is something that you see most therapists getting, you know, a little bit like what are the mistakes that we're making about AI in our practices?

@10:51 - **Kym Tolson (kymtolson.com)**

Oh, Lord. Okay. So I should probably say along the way, I've always been this like, like outside of the box person.

So the traveling therapist lifestyle. But I've also been like always like tech forward, innovative, that sort of thing. So I love AI.

When ChatGPT came out, I was obsessed, you know, and of course I'm like the whole thing of I've got to teach other, I've got to teach other people how to do what I'm doing.

So I was like, all right, I'll create a group and a membership and, you know, teach therapists how to use AI to run their practices better, more efficiently.

So we're not burning out as much. Um, but of course, along the way you start seeing just, you know, all the therapists freaking out in the therapist Facebook groups.

@11:31 - **Carolyn Robistow (host)**

I don't know if you guys noticed this, but it does happen. Um, oh, I've seen it where we love a good freak out.

It's so there's some irony there, but any who you were saying, I we could do a whole like episode about that or a whole summit about that.

We could do a whole summit about that.

@11:46 - **Kym Tolson (kymtolson.com)**

The biggest thing, I mean, there's a bunch, but the biggest one is like, they say it just feels risky.

It's probably unethical. I'm not going to touch it. Yeah. That's the biggest thing that comes up.

@11:56 - **Carolyn Robistow (host)**

don't know. Have you seen that with people talking about it? Oh, yeah. Well, I have done my best to not go looking for those conversations, not because I don't care to inform myself, but like you said, like there's, there's a lot of freaking out happening.

And, you know, my nervous system doesn't need that freak out. My nervous system needs like, okay, where do I go to find the actual solutions and the, the, the quality information, you know, and quite honestly, that's, that's you for me.

@12:25 - **Kym Tolson (kymtolson.com)**

So, oh, well, thank you.

@12:26 - **Carolyn Robistow (host)**

Yeah.

@12:27 - **Kym Tolson (kymtolson.com)**

So, you know, and I should say, I'm also the clinical consultant for product development for berries and heyberries.com. If you guys don't know berries, I love them.

I'm obsessed with them. We're building out AI products for therapists every day. We're like innovating with it. But that is where you start, right?

If you're one of these therapists, it's like, you know, this is totally unethical. I'm not going to use it.

Start with something.

@12:49 - **Carolyn Robistow (host)**

feels risky, I would say, too. Even if you're like a little bit hesitant and there's just that little like nagging voice that's like, hmm, feel a little risky.

@13:00 - **Kym Tolson (kymtolson.com)**

Exactly. Start with something simple like Barry's, a note scribe, right? Where you don't even have to record this because that's the next thing.

They're like, I don't want to record my sessions. My clients aren't going to want to do it. They're going to hate me if I suggest that.

That whole thing comes up. But go to something like Barry's. There's tons of them out there. You don't have to use Barry's, but I highly recommend it.

And it's HIPAA compliant. It's SOC2 compliant. It's just as compliant as your EHR. Go in there and just check it out.

Do it for you. You don't even have to put a credit card in. Check it out. You can basically voice transcribe one session and it'll write this perfect note for you.

And then the ethical part comes in, right? It's HIPAA compliant, but then also you have to double check what it's writing.

Like that's the next step with this stuff. Like people think I'm going to like go record these sessions and it's going to be published and I'm not going to have any control over it.

I'm going to lose my clinical voice, all of this stuff. That's not what happens with this stuff. You are the final check.

You are the clinical decision maker with this stuff. So you go in. You write a note, you're going to go back and review it.

You have to review it to make sure it's right. Because AI, it does hallucinate. It will make things up.

It will interject things that might not be true. So you have to do that. But if you're following those standards, you're fine.

It's not unethical. It actually is going to save you from a lifetime of burnout in this field as a clinician, in my opinion.

@14:22 - **Carolyn Robistow (host)**

I think what you just touched on, too, and real quick, like, this is not a question that I have asked you already to our dear listener.

Do you have an affiliate link for Berries that we could put under the interview for anyone who wants to check it out?

Okay, cool.

@14:37 - **Kym Tolson (kymtolson.com)**

Yeah.

@14:38 - **Carolyn Robistow (host)**

So just FYI, the link that is going to magically appear, because I have an amazing team below this interview, is going to be an affiliate link.

So Kim's an affiliate for Berries and highly recommend it.

@14:49 - **Kym Tolson (kymtolson.com)**

Yes!

@14:50 - **Carolyn Robistow (host)**

Which means, and if anyone's not sure what an affiliate is, it just means she gets, like, a special thank you, probably in the form of cash, I don't from Berries, if you decide to go with them.

So, all of I of due diligence, I assume, done on the affiliate link side of that, but what you touched on, yeah, absolutely.

Listen, a rising tide lifts all boats. The more we can help people do, the more we can help therapists get through this situation, the better off we're going to be.

Absolutely. But so I think one thing that you touched on, too, was that it's not that we're going to let AI do our jobs.

It's that we're going to let AI take the part of our job that is, like, taking up our time and soul-sucking, and that it's not just, like, blindly trust it to do it.

Like, we don't do that with modalities. Like, what's a modality that we just say, like, well, someone told me that this works, so I'm to blindly trust it works.

Yeah. use it, and we use our clinical judgment, right? Like, we are so primed to be the most ethical users of AI.

@15:49 - **Kym Tolson (kymtolson.com)**

Yes.

@15:50 - **Carolyn Robistow (host)**

But I think, too, one thing, a conversation you and I had at one point, too, was this worry that, like, therapists think, well, if I just let it do all of that, like you said, like, I'll lose my clinical voice or, like.

My brain will atrophy and I won't be creative anymore. Do you hear that one a lot?

@16:04 - **Kym Tolson (kymtolson.com)**

Oh my gosh.

@16:05 - **Carolyn Robistow (host)**

Constantly. Yes.

@16:06 - **Kym Tolson (kymtolson.com)**

It's like, yeah. And really, yes, I hear you because you could get lazy with it, right? You could seriously let it write the note and not even look at it, copy, paste it, and go on about your day.

But what therapist is going to do that? We're not going to do that.

@16:21 - **Carolyn Robistow (host)**

No one listening here, I guarantee.

@16:23 - **Kym Tolson (kymtolson.com)**

Exactly. And in fact, it has made me a better clinician in a lot of ways, especially not to like keep talking about berries, but it's a good example, a note scribe in general.

After I complete a session with berries, it has a section in there where it'll say like all the interventions that I did in the session, right?

And I'll go back and read the interventions. I'm like, holy , I did that. I'm like, oh my gosh, look at me.

I was like, that was systematic desensitization.

@16:52 - **Carolyn Robistow (host)**

That's right. I did that. That is amazing. Oh my gosh. Now I want to do it just to see what all I'm doing.

@16:58 - **Kym Tolson (kymtolson.com)**

Like, oh, you're right.

@17:00 - **Carolyn Robistow (host)**

It did really beautifully weave brain spotting in with some, you know, cognitive reframe there.

@17:06 - **Kym Tolson (kymtolson.com)**

Exactly. It never ceases to amaze me. And Barry's, and a couple of them had this, we have like a clinical assistant in there.

So it's like working alongside what you're doing. And you can literally say to this thing, like, what did I miss in this session?

And it's going to say, well, you know what, Kim? Three weeks ago, Sally was talking about her dog that died and she was having a lot of grief because of that.

But I noticed you haven't mentioned the grief or her dog since. So it's like going back and picking up things that me as a clinician, I am missing.

@17:38 - **Carolyn Robistow (host)**

And it makes you a better clinician.

@17:40 - **Kym Tolson (kymtolson.com)**

It makes you a better clinician. It's picking up my blind spots for me. And it's reminding me and it's telling me, you know, you could say to it, like, what other interventions can I try?

Because I feel like this client isn't making progress. And it'll say, have you thought about blah, blah, blah. And it's like, no, I have not thought of that.

@17:56 - **Carolyn Robistow (host)**

And what a great way to phrase that too, right? Like, it's not like. You need to do this, and it's going to like write out your treatment plan, and now you're just like a slave to what the bots have told you this client needs.

It's more like, well, have you considered this? And so, again, that idea that it's not necessarily just like, we're not handing anything over to it.

We're hiring it as an assistant.

@18:18 - **Kym Tolson (kymtolson.com)**

Exactly. And there was a study recently that said therapists spend 10 hours a week on admin.

@18:24 - **Carolyn Robistow (host)**

You know how I know that?

@18:27 - **Kym Tolson (kymtolson.com)**

Yeah.

@18:27 - **Carolyn Robistow (host)**

Because I have used, I have been using for a little over a week now, you have a, what is the name of your GPT?

@18:36 - **Kym Tolson (kymtolson.com)**

I've like menopause is eaten and out of my brain, but I know what it's doing. I don't really have a fancy name.

I know you like to fancy name things, but it's just like, it's just like, it's just the therapist time study tool that I created.

Yeah. With AI. a perfect name. Yeah.

@18:50 - **Carolyn Robistow (host)**

I love it. Yeah. So I've been using your therapist time study tool to figure out what is the time suck for me?

Like where is all of my, and listen, the number of times I have clicked the little. And so what I love about it, though, is let's say even it shows like you're spending so much time on email and correspondence.

Like, is there a way to put a little bit more semi-automation or automation in that process for people in the early stages, right?

And I'm using it not just for my therapy business. I'm also using it for my coaching business. So there's a little bit of overlap there.

But so, you know, I'm getting creative with it. I love it. But I think what I love about it is that it says, listen, you're spending a lot of time on.

These are the tasks you're spending time on. Is that what you love doing? Is that a great? Because I love being in my inbox.

So I click it and then it's almost like, well, yeah, I do love being in my inbox this much.

@19:52 - **Kym Tolson (kymtolson.com)**

What are the other things keeping me from getting to be in my inbox this much?

@19:55 - **Carolyn Robistow (host)**

Like, you know, so it's not I don't even feel like it's like shaming me. Ready? Bye. For my inbox habit, it's more like, listen, sounds like you love your inbox.

What can we take off your plate so that you're freed up to do this more? And how do we make your inbox, you know, a more efficient, effective place for you to help people, you know?

So I love it.

@20:15 - **Kym Tolson (kymtolson.com)**

Thank you. I love that. I built that in on purpose because, you know, I want, and I know you talk about this with your coaching and stuff.

I want people to realize the thing you're passionate about is where you should be spending your time. Like where your creative genius is, is where you should be.

And let, you know, AI or admin or whatever do the rest for you, like a team.

@20:34 - **Carolyn Robistow (host)**

Yeah. Yeah. I love it.

@20:36 - **Kym Tolson (kymtolson.com)**

I love it.

@20:36 - **Carolyn Robistow (host)**

Thank you. even like building a team, you know, that's a big step for us as therapists, I think. Unless you're running a group practice, in which case, you know, you have like, it's like assumed you would build a team.

But I'm a solo practitioner, right? Like I, when we moved on the boat, I closed the group practice. Well, the whole long story short, I hired, my clinicians were always pre-licensed.

And I would teach them how to grow their own caseload. So that they would like, I, they were never meant to stay at my practice.

was always like, and then once you're licensed, take your clients and go. So I worked, you know, I didn't have to close a group practice.

I got to say, okay. And, you know, my, my final intern started her private practice and that was great.

And I loved it. And now I don't have a group practice anymore. And so it's easier for me to do what you did, which is sell all my and move on to a boat.

@21:22 - **Kym Tolson (kymtolson.com)**

Well, sell all my part.

@21:24 - **Carolyn Robistow (host)**

But so I know that you, okay. So when therapists are thinking, and we've already like been like, okay, the time tool and berries and all of this, but the truth is you actually have a much simpler way for people, for therapists to start, you know, getting in with GPTs and things like that.

And I know that you have like an army of GPTs, but the one that we are going to be giving away for free for people here is the prompts for the therapist.

You did not become a therapist to spend hours staring at a blank screen. It's called the work smarter with 100 therapists.

Just approved AI prompts. Can you tell a little bit about that? Like what people are going to get when they click on that and grab it that's going to help them with this AI?

@22:10 - **Kym Tolson (kymtolson.com)**

So that is actually a PDF download, actually. It's not a GPT, but I do have a GPT for that that I probably should send you because that makes more sense now that you're saying it.

I said the GPT. I should totally send that to you. Yeah, the freebie that they're going to get is 100 Therapist Downloads, but I put a lot of scalable prompts in there because I'm just so passionate about this, like out of the one-to-one model.

You know, I just, the one-to-one model is killing us. I just feel like it's killing us. And then you're just locked in with your income and you can't get out of it and you're trapped and you're just burning out.

So there's a lot of just AI prompts and they're like, how do I write ID, identify progress note with ChatGBT if you wanted to do something like that?

So there's prompts like that. There's marketing prompts, you know, like how do I do a 30-day? So you can just plug it in and get started with AI.

It's a really good place to get started. And that kind of wraps back to what we were talking about before.

A lot of therapists that aren't using it yet will say, I've tried it. It doesn't really do much for me.

I don't really get it. That kind of thing. That's really because you're just not using it appropriately or to the limit that you could be.

A lot of people don't realize the capacity that AI has to help us. A lot of therapists don't realize that.

So the hundred prompts, I tried to put a bunch in there that would like open your eyes to, to say like, plug this in, but these are like sophisticated prompts.

So you're going to get a lot of stuff that maybe if you are just dabbling, you're not used to it or haven't really started playing with it.

You didn't realize that it could do for you. So that's the point.

@23:47 - **Carolyn Robistow (host)**

I think, I think that that's so important. And I love that you did it that way. Right. Cause out there, there's so many people giving us prompts.

Right. And then it's like, put the prompt in and we're like, well, that just kind of like, I could have just typed that in myself.

But it sounds like with. We're not using this like a fifth grader trying to write my essay. We are sophisticated clinicians.

Let's give it sophisticated prompts and let it do sophisticated work or support the sophisticated work that we're already doing.

I love it. I think that's great. And I think it's a great reason for, you know, you, listener, to go download the prompts because it's not just a list of like, ask it.

Like which golden girl I'd be if I like, what's my golden girl therapist avatar? And that's, those are fun.

I love when AI gets to be fun like that. But this sounds like let's use it to actually help ourselves be better clinicians, be better, you know, with time management, because that's what we're here again, like with the whole point of the scalable therapist is how do we free up our time so that we're not relying solely on that one on one income, you know, and that's not to say

Listen, here's the number one thing, because this is day one, I'm going to climb up on this soapbox because I feel like we're going to agree with this, right?

@25:06 - **Kym Tolson (kymtolson.com)**

Yes.

@25:06 - **Carolyn Robistow (host)**

We're not knocking one-on-one. One-on-one is important and necessary and quality work, and it is life-changing for people. It cannot continue to be life-changing for people if there's a crispy person delivering the service.

@25:20 - **Kym Tolson (kymtolson.com)**

exactly.

@25:20 - **Carolyn Robistow (host)**

So we're saying let's get creative so that you can do a better job with your one-on-one clients. I love my one-on-one clients.

I know you still see one-on-one clients, right? Like, we love them, and we have these other income streams that make it so that we can see these one-on-one clients from exotic places and also continue to do really quality work for them.

@25:41 - **Kym Tolson (kymtolson.com)**

Exactly. And make money other ways. So we're not having to just have our butt in the chair to make money, you know?

Yep. Yeah.

@25:49 - **Carolyn Robistow (host)**

I went, I was a teacher before I was a therapist, and the amount of weight I gained.

@25:54 - **Kym Tolson (kymtolson.com)**

Oh, my gosh.

@25:55 - **Carolyn Robistow (host)**

Being a teacher, you're just up all the time, and then, like, you're a therapist, and then it was like, okay, now I got it.

I'd get up and like, and I was in Texas, right? So there's not even like a, like a, a walk and talk thing is like, yeah, we're all wet and sweaty.

So, but one other thing before I, before I derail us with my, my own personal history of being a teacher, one other thing I know that again, because this is day one is that we've mentioned, or have I mentioned it yet or not?

I don't know. Like that there is a VIP kit option for everyone listening and the money for that goes to brain spotting Rocky mountain brain spotting Institute, which is so great because they will pay a therapist, brain spotting therapist to offer eight to 10 brain spotting sessions for a, a client who is on or underinsured.

So there's scholar shipping and the therapist gets paid. And so we're giving money to that organization with all of the VIP upgrade kits.

So not any of the speakers who have donated to this kit, none of us are making a dime off of this.

Um, but Kim, you have very generously also donated something to our VIP. VIP people who decide they want to get the VIP upgrade kit, which is the private pay freedom roadmap.

@27:06 - **Kym Tolson (kymtolson.com)**

Can you talk a little bit about how that is a creative use of AI for therapists? Yeah, let me, so let me, I'll tell you about it, but let me tell you about how I made it because this is, I'm teaching, I have two memberships.

One is the clinical AI club where I teach therapists how to use AI like on that higher level, not just prompts, but like we stay up to date with the latest stuff, that kind of thing.

so really 2026 is a golden opportunity for therapists to scale with these mini apps. So that time study tool that I gave you, Carolyn, I gave it, I gave it to a lot of people also like as a freebie.

@27:42 - **Carolyn Robistow (host)**

I love being a beta tester. It's my favorite thing in the world.

@27:45 - **Kym Tolson (kymtolson.com)**

I love, I love it too. And I hope you'll tell me if anything doesn't work right on it. But I created, that's an app that I created with vibe coding.

@27:53 - **Carolyn Robistow (host)**

So vibe coding is, it's, you know, there's so many vibe coding platforms out there.

@27:58 - **Kym Tolson (kymtolson.com)**

I use one called Manus that I'm totally Totally obsessed with, but Manis helped me create the time study tool and vibe coding is basically, you don't even have to know how to code anymore with AI.

So you just talk to it and you say, Hey, therapists are burned out. I need to help them figure out where they're wasting their time.

Help me build something really cool to give them, right? Like literally I'm typing this into Manis and it knows my personality and everything.

So it's like, got you, Kim. So we're building this thing. So now Carolyn has this finished product. But what a lot of therapists don't know, scaling therapists don't know, is that if you've got a skill or something that you're saying over and over again, in sessions, that kind of thing, you can go vibe code an app.

You can sell that, that app. You can get it out on the app store, like in three hours now with these vibe coding platforms.

You could turn it into a web app, like what Carolyn's got access to with my time stone time study tool.

You can use that as a lead magnet as a freebie. can give it away. And then, you know, it gets people on your email list.

Like there's so many ways to use these apps. And if you have an idea of it's like, I wonder if somebody would like that, or people are always asking me for this, go turn it into an app.

I'm telling you, you can I could An app into anything these days. It's amazing. So that's, that's my little soapbox about like 2026 and how to scale as a therapist, one of the ways to make more money.

Um, and then I totally forgot what I was going to say. Oh, my freebie or my thing I'm giving you the VIP thing.

So I do have a course that I sell. It's called the, um, private pay freedom roadmap. And it's for therapists that want to be traveling like me and are like on insurance panels because the insurance panels are now saying we can't be out of the country.

Like a lot of them are clamping down on that. So people are scrambling. They've got to become private pay.

So I was like, I've got to make something for this. So I made a course. Um, it's a vibe coded app that I made.

And anyway, so that's a product I sell, but this one, I was like, you know what, I'm going to, cause I I'm such a geek with this stuff.

I'm like, I'm going to vibe code the same thing, but I'm going to turn it into, um, branded for the scalable therapist summit, the VIPs.

@29:50 - **Carolyn Robistow (host)**

So I totally, I feel so cool right now.

@29:55 - **Kym Tolson (kymtolson.com)**

So I cloned it. I told it to rebrand it. I gave it all your information. So it rebranded it for.

And then I said, you know what, I want to like stuff this thing full of AI. So every step of the way that it's, it's basically walking through every step of the way, how to become private pay, but each step now has got an AI prompt in there.

And it's got a calculator in there where it like first assesses the life that you want to live. And then it says, okay, you want to have this many clients.

You want to work this many weeks a year.

@30:23 - **Carolyn Robistow (host)**

Let's do the little slider on this calculator to let you know exactly like how much money you need to charge.

love a good slider. This is so great.

@30:30 - **Kym Tolson (kymtolson.com)**

Me too. And then once you, you know, once you choose, right, then it like walks you through, okay, you want this, this is what you're going to need to do to reach that.

And then it's got a whole marketing kit in there that helps you market that lifestyle that you want to live with your niche.

@30:43 - **Carolyn Robistow (host)**

And you're letting our VIPs have this at no extra cost. That's amazing.

@30:49 - **Kym Tolson (kymtolson.com)**

Thank you.

@30:49 - **Carolyn Robistow (host)**

I love it. I can't wait to play with it. I can't wait to play with it. I love all of your apps.

I love all of your apps.

@30:55 - **Kym Tolson (kymtolson.com)**

This is so fun. About like probably 40 of them at this point. And that's my other product.

@31:03 - **Carolyn Robistow (host)**

And so my assumption is that if people grab the AI prompts for therapists and obviously in the VIP upgrade kit, like get into your app, that they will, then you will get in touch with them via email at some, like to let them know about the Thera AI hub and all of that, right?

Like, so they're not left going, how do I find, how do I download all of these things?

@31:30 - **Kym Tolson (kymtolson.com)**

It's like, don't worry about it. Just grab the two and Kim will get, Kim will take it from there.

Exactly. Exactly. Yes. But if you heard anything today, I just really do want you to hear about like vibe coding apps and how easy it is to do and to make money from it.

That private pay course, it's selling like hotcakes, you know, $47 all day long, you know?

@31:52 - **Carolyn Robistow (host)**

Oh, so good. Good. So that's so funny, right? Cause here we were like, we're going to talk a lot about what therapists are worried about with AI, but really like when we go back to our.

Two questions, which is, is a one-to-many offer the right thing for me right now? And two, if so, what's my first step?

It sounds like for you, the answer is, yeah, step one, go VibeCode, go get Banis or whatever other, I don't even know the names of any other ones.

@32:13 - **Kym Tolson (kymtolson.com)**

know I've played with them. Base 44, Lovable, Manis, Greta, all of them could do it for you.

@32:20 - **Carolyn Robistow (host)**

Yeah, yeah. And go VibeCode, an app that's going to help your clients, and you can sell on the side to people who are not yet clients.

@32:29 - **Kym Tolson (kymtolson.com)**

Exactly.

@32:30 - **Carolyn Robistow (host)**

So good. I love it. Thank you so much, Kim.

@32:34 - **Kym Tolson (kymtolson.com)**

You're welcome.

@32:35 - **Carolyn Robistow (host)**

This is so exciting. Oh, and you know what else, too? You're going to be joining me in the Facebook group later this week.

We're going to do a live, so if people have follow-up questions for you specifically, they can come and catch us.

I don't know off the top of my head what day it is. I don't either. That sounds funny because it's like, I don't know what day it is today, which is also probably true, but I don't remember which day off the top of my head we're doing our Facebook live, but I have got, I will get everybody covered.

There will be emails you will know so that you will not miss your chance to come and talk directly with Kim and I, where you can ask Kim questions about vibe coding, about the prompts.

download the prompts and then come to the Facebook Live so that you can talk to, you know, bring any questions you have about that.

And make sure you go and upgrade to the VIP kit so that you can get this freedom roadmap. This is so great.

@33:22 - **Kym Tolson (kymtolson.com)**

Thank you so much, Kim, for being a part of this. Thanks for inviting me.