

TROOP 515 WINTER CAMP PREP LIST

There are 3 types of layers in winter conditions

Wicking (w) - pulls moisture away (not cotton)

Warming (wa)- goes over wicking layer consist of wool, fleece, synthetic materials

Shell (s)- block wind or water, most jackets do this

General rule, no cotton, as cotton does not insulate when wet.

wiki

http://en.wikipedia.org/wiki/Layered_clothing

Footwear:

___ 3-4 Pairs Socks: must be wool or other synthetic fibers - no cotton! (wa)

___ Gaiters-Leggings worn over the top of the boot to protect from snow.(optional unless snow)

___ Insulated waterproof camp boots (1 pr) (s) (*needed for snow*)

___ Polypropylene sock liners - help keep feet dry (w) (*optional*)

Lower Body Clothing:

___ 2 pair Long underwear - mid-weight - wool, polypro, thermax, capilene. (w)

___ 1-2 Wool or fleece pants - Should be roomy enough for freedom (wa) of movement and layering. Pile or other synthetic wool are acceptable.

___ Wind pants - Nylon to fit over wool or pile pants. (s)

___ Ski Bib (can be used instead of wind pants) (s)
(*optional if no snow expected, required if going to a place with snow*)

Upper Body Clothing:

___ Polyester undershirt 3 pair (like under armor, don't have to get that brand though) (w)

___ Wool sweater, fleece, or non cotton pullover (wa)

___ Winter shell - covers other layers loosely (s)

___ Vest - synthetic, not down, is recommended (optional)

___ Winter coat - for less active times in camp (you can substitute more layers for this) (s)

Hands:

___ Waterproof gloves (s)

___ Wool or fleece gloves (wa)

___ Polypro glove liners - keep hands dry and can be used for manipulation of items without direct skin contact. (w) (*optional*)

Head:

- _____ 2 wool, fleece hat, toboggan or balaclava (1 for day, 1 for night)
- _____ Scarf or neck gaiter - not cotton
- _____ Insulated hood (good for night)

Sleeping Gear:

- _____ Sleeping bag with rating down to 0 F - Synthetic is recommended (fiberfill, polarguard, holofill, quallofill, etc.)
- _____ Sleeping pad- necessary for insulation between sleeping bag and ground.
- _____ (optional) Sleeping bag Fleece liner usually adds 10 to 20 degrees to bag
- _____ Emergency blanket for vapor barrier underneath your sleeping mat.
- _____ Wool blanket to put over your sleeping mat.
<http://goo.gl/Mkm2d> (harbor freight has cheap blankets)

Optional Gear:

- _____ Small closed cell pad for sitting on