



<u>Date</u>	<u>Day</u>	<u>Meet</u>	<u>Location</u>
8-23	Saturday	Pinewood Invitational	Pinewood Prep
8-30	Saturday	Ft. Dorchester	Coosaw Preserve
9-3	Wednesday	Berkeley Home Meet	Old Santee Canal Park
9-10	Wednesday	Stags Stampede	Old Santee Canal Park
9-20	Saturday	Cobra Invitational	Camp Hall (309 Avian Pavilion Ln)
9-27	Saturday	LowCountry Invitational	John's Island (Mullet Hall Rd)
10-4	Saturday	FB Hurricanes 5K	First Baptist HS
10-8	Wednesday	Iron Horse Derby	Middleburg Plantation
10-22	Wednesday	Region Meet @ Palmetto Islands (Mt. Pleasant)	

Philip Keefe - Athletic Director
philip.keefe@psaschool.org

Coach Tom - Head Cross Country
crosscountry@psaschool.org

Hunter Mixon - Head Trainer
mixonh@musc.edu

The PHOENIX Way!