

How Do I Know I Am Saved

Worksheet for Life Connections Next Steps

Follow Jesus Session 1

Pre-Reading

Read Romans 10, 1 John 5, John 3, & Ephesians 2.

Key Verse

1 John 5:13 - "I write these things to you who believe in the name of the Son of God so that you may know that you have eternal life."

I know that I am saved because...

1. I have _____ to follow Jesus.
 - a. **Romans 10:9-10** - *"If you declare with your mouth, "Jesus is Lord," and believe in your heart that God raised him from the dead, you will be saved. For it is with your heart that you believe and are justified, and it is with your mouth that you profess your faith and are saved."*
 - i. If there is a _____ belief in what Christ has done, and you have _____ that gift that he has _____ you, and you have _____ that faith with your mouth, you are _____.
 - b. **1 John 5:11-12** - *"And this is the testimony: God has given us eternal life, and this life is in His Son. Whoever has the Son has life; whoever does not have the Son of God does not have life."*
 - i. If you have accepted Christ as your Lord and Savior, you have _____ life.
 - ii. When he is talking about life, he is talking about life here and now, and eternal life in _____.
 - iii. If you want to _____ what God truly meant for life to be, you have to _____ His son. It's all about _____. When you _____ your life around Jesus, then you experience life like you _____ have before.
2. The Holy Spirit enters my heart and makes me His heir.
 - a. **Romans 8:16-17** - *"The Spirit himself testifies with our spirit that we are God's children. Now if we are children, then we are heirs--heirs of God and co-heirs with Christ, if indeed we share in his sufferings in order that we may also share in his glory."*
 - i. We are the _____ of the Holy Spirit.
 - ii. The Holy Spirit is _____ in your life, and in you, that you are a _____ of God. All that He has is _____ to us.

3. God's unconditional promise.
 - a. **John 3:16** - *"For God so loved the world that he gave his one and only Son, that whoever believes in him shall not perish but have eternal life."*
 - i. That is a promise you can _____. A promise that you can stake your _____ and _____ on.
 - ii. _____ is God's promise.
 - b. Why should I not sin?
 - i. Because Sin isn't the _____ way to live your life
 1. **Hebrews 12:5-8** - *"And have you completely forgotten this word of encouragement that addresses you as a father addresses his son? It says, "My son, do not make light of the Lord's discipline, and do not lose heart when he rebukes you, because the Lord disciplines the one he loves, and he chastens everyone he accepts as his son." Endure hardship as discipline; God is treating you as children. For what children are not disciplined by their father? If you are not disciplined--and everyone undergoes discipline--then you are not legitimate, not true sons and daughters at all.*
 2. As parents we discipline because our children need _____.
 3. Sin _____ us from living in the plans that God has for us.
 4. **Romans 12:2** - *"Do not conform to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is--his good, pleasing and perfect will"*
4. Salvation is a _____ from God.
 - a. **EPHESIANS 2:8-9** - *"For it is by grace you have been saved, through faith-- and this is not from yourselves, it is the gift of God--not by works, so that no one can boast."*
 - i. Grace is God's _____ favor.
 - ii. You will never _____ your way out of the sin of your life, so you have to _____ God's free gift.

Reflection

This week, find 5 minutes to thank God for your new life. In this time, use this chart below to compare what your old life was to what you want your new life to be.

Old Life	New Life
Example: Full of Anger	Example: Full of Joy

Memorable Verse

Romans 10:13 - *"Everyone who calls on the name of the Lord will be saved."*

