

INTERIOR DESIGN

Family and Consumer Sciences I – 6254

Family and Consumer Sciences I is designed to provide students with basic information and skills needed to function effectively within the family and within a changing, complex society. Emphasis is given to the development of competencies related to: relationships; arrangement of personal living space; wardrobe planning and selection; garment care and construction; health and safety procedures related to child care; family and individual health; nutrition and food selection; meal planning, preparation, and service; money management; consumer education; and career skills. Upon completion of this course, the student will have developed basic life skills that promote a positive influence on the quality of life. Student leadership through Family, Career and Community Leaders of America (FCCLA), is an integral part of this course. This class will provide an introduction to family and consumer science. Areas covered will include: nutrition, food presentation, basic sewing skills, consumer education, family research and relations, job preparation, child care, making healthy life choices, and housing.