

## Privacy Policy

*Last updated: May 2025*

We respect your privacy — because we hate spam too.

When you sign up for a freebie or purchase a product from this site, we collect your name, email, and any other info you choose to share.

We use that information to:

- Send you the resources you signed up for
- Deliver any products or training you purchase
- Occasionally let you know about related offers, updates, or resources

We do **not** sell, rent, or share your information with anyone. Ever.

If at any point you want to stop hearing from us, just hit “unsubscribe” in any email.

It's instant, no guilt, no drama.

**Cookies:** Like most websites, we may use cookies or tracking tools to better understand visitor behavior and improve your experience.

**Questions?** Reach out anytime: [Trisha@swiftandsparkle.com](mailto:Trisha@swiftandsparkle.com)