10th Grade – College and Career Readiness & MyCAP

Domain	Learning Objectives	Implementation Strategies & Activities	MyCAP Process & Documentation
Personal Social	● Students will participate in presentation that is a follow up to their Grade 9 SOS Workshop	● Signs of Suicide (SOS) Video Presentation and Classroom activity ● Students learn how to get help if worried	● Students complete personal surveys ● Students write reflections about their experience within activity
Career Development Education	● Students will develop skills to locate, evaluate and interpret career information ● Students will understand how to access and understand labor market information	● Introductory lesson on Labor Market Information ● Students complete personalized exercise using CareerWorks Career Interests Profiler ● Students identify, prepare for, and reflect about a Work Based Learning experience at the exploration level	● Save a minimum of 3 careers with journal entries about what they learned from exploring them online. ● Reflection on Career Exploration experience ● Ensure all students are aware of volunteer, work and/or community service resources ● Preliminary work on resume
Academic College & Career Planning	● Students will understand the importance of high school course and/or program performance in relation to their personal academic and career aspirations ● Students will develop skills to research postsecondary options	● Students research career options using online platform and other resources ● Students will learn how to navigate online platform to conduct college/career research aligned with personal interests	● Students will complete online journal reflection ● Update the 4-year course-taking plan and reflect on any updates ● Update goal statements