



**Valley Center Pauma Unified School District
Wellness Committee Agenda**

June 17, 2026

3:30 p.m.

P-17

1. Welcome
Called to session at 3:30 p.m.
2. Introductions
3. Purpose of the Committee
 - a. Required for all districts participating in the National School Lunch Program
 - b. Committee appointed by the Superintendent or designee to:
 - i. Assist with policy development on student wellness
 - ii. Advise the District on health-related issues, activities, policies and programs
 - iii. May include planning and implementing activities to promote health within the school community
4. Overview of Wellness Policy
 - a. Review of current Board Policy
 - b. Roundtable discussion
 - i. Discussed ways to increase visibility for free school meals and creative ways to educate students on the nutritional benefits of specific meals throughout the week.
 - ii. Discussed ways to incorporate the Child Nutrition department in school events
5. Child Nutrition Services Update – Sarah Venters, Director of Child Nutrition Services
6. Update on Physical Education and Health Programs – Michael Aviles, Chief Business Officer
7. Adjournment and Future Planning
Adjourned at 4:09 p.m.