Hub Happenings NOW

Upcoming events
Screensagers for students/parents
youth and adult mental health
Middle School Friday fun night-details to follow/coming soon.
Community service for high schoolers

1. Under the Influence? Week of 25th

The substance use culture has never been more appealing and accessible to young people than it is today. Teens are being overwhelmed by images on social media, movies, and TV shows about vaping, drugs, and alcohol.

Screenagers Under The Influence: Addressing Vaping, Drugs, and Alcohol in the Digital Age, delves into how the tech revolution has reshaped adolescence and its effects on substance use. The film debunks myths and depicts strategies parents and schools can use to encourage healthy decision-making, support teen mental health, set limits, and create healthy home environments. The film also includes many ways young people are using their wisdom and strength to help each other and themselves through this complicated terrain around substance use. *Screenagers Under The Influence* focuses on practical solutions for keeping our teens safe in a changing world.

Click HERE for your FREE TICKET or scan the QR code on the attachment!

Event Information:
DATE: Wednesday, April 10, 2024
TIME: Doors open at 6:00, Movie starts at 6:30 pm
LOCATION: Ridge High School Performing Arts Center
268 S. Finley Ave, Basking Ridge, NJ, 07924
Questions: www.bernardshealth.org or call 908.204.2523

This event is hosted by members of the Somerset County Municipal Alliance, Bernards Twp. Health Dept., Community in Crisis and the Governors Council on Substance Use Disorder.

2. Vaping, Drugs & Alcohol in the Digital Age week of the 1st

Join us for the documentary film showing of *Screenagers: Under the Influence*. This documentary will focus on teens' current reality being flooded by images on social media, movies and tv shows about vaping, drugs, and alcohol.

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3. Save the Date!

Are you wondering if there is a correlation between substance use with teens and the world of technology? Come and find out how teens are being flooded with

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