

Bishop Manogue Sports Physicals Fundraiser

in support of the Sports Medicine Program

July 12 and 13, 2021 - 4:30 pm to 8 pm

Returning and incoming students can get their required sports physicals for the 2021-22 school year right here on campus during our annual Sports Physicals Days.

Cost is \$40 and all proceeds support our Sports Medicine program.

Make an online payment HERE.

You can also bring cash or check payment with you on the day of your physical. Make checks payable to BMCHS.

Credit card processing will not be available on-site.

Here's how it works:

- 1. Sign up for your appointment HERE. No walk-ins accepted. You need to make an appointment.
- 2. Make your online payment **HERE**.
- 3. On Physical Day arrive at the north entrance at your scheduled time. Bring the following forms:
 - a. <u>Form B NIAA Pre-Participation History Form</u> (to be filled out by you and signed by the doctor you will see at your Physical Day appointment)
 - b. Form D Pre-Participation Physical Evaluation (to be filled out by the doctor you will see at your Physical Day appointment).

These will be turned in at the end of your physical. Athletics will upload them to your RMA account, once the athlete is registered for a sport.

- 4. Wait to be called for check-in.
- 5. Proceed to Station 1 for Vitals
- 6. Proceed to Station 2 for Height and Weight
- 7. Proceed to Station 3 for Eye Exam
- 8. Proceed to Station 4 for Physical
- 9. Proceed to Check-out. You'll receive a copy of your forms for your records.

Next Steps:

The annual physical is one part of the **Athletic Clearance process.** You must also:

- 1. Create or log in to your existing Register My Athlete account
- 2. Register the athletes for their sports.
- 3. Upload the physical forms. (We can do this step for you, but athletes must be registered for a sport.)

Refer to <u>Athletic Clearance Instructions</u> for more details. If you have questions, email <u>Jackie.cavilia@bishopmanogue.org</u>.

Thank you for your support!