

SENIOR SEMINARS - CLASS OF 2022

Monday, May 23

Time	Activity	Location
8:30am	Arrival to school	
8:30 -9:00 am	Welcome Activity	Innovation Lab
9:00 - 10:30 am	Sweatshirt Photo	Great Room/ Amphitheater
10:30 - 11:00 am	Affinity Groups (Jewish Affinity Space)	Room 222
11 - 1pm	Workshop #1 (full group) Letter to my younger self: <i>Recent college graduates share what they wish they knew when they graduated from high school. They will share their perspective on how they made the transition to college and they will speak about their journey post graduation from college.</i>	Room 136 (Music Wing)
1 - 1:45 pm	Lunch	
1:45 - 3:00pm	Cybersecurity Tips/ Account Work Kim Pearson	Great Room
3:00pm	Dismissal	

Tuesday, May 24

Time	Activity	Location
8:15am	Arrival to School	Great Room
8:30 - 10am	Small Group work #1 (see descriptions at end of this document) Group 1 - DEIB Group 2 - Life Skills Group 3 - Admin Wrap Up Group 4 - Communication Group 5 - It's Real	Group 1: Room 136 (Music Room) Group 2: Meet in Great Room Group 3: On your own Group 4: Room 224 Group 5: Room 148
10:30 - 11am	Affinity Groups (LGBTQ+ Affinity Space)	Room 132

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11:00 - 11:45am	Advisory (Block A)	Advisory
12 - 1pm	Lunch	
1 - 2:30 pm	Small Group Work #2 (see descriptions at end of this document) Group 1 - It's Real Group 2 - DEIB Group 3 - Life Skills Group 4 - Admin Wrap Up Group 5 - Communication	Group 1: Room 147 Group 2: Room 127 (Music Wing) Group 3: Meet in Mrs Murphys office Group 4: on your own Group 5: great room
2:30 - 3:30pm	Powderpuff Game! <i>Sponsored by the Athletic Association!</i>	Upper Field
3:30 pm	Dismissal	

Wednesday, May 25

Time	Activity	Location
8:15am	Arrival	Great Room
8:45 - 10:15am	Small Group Work #3 (see descriptions at end of this document) Group 1 - Communication Group 2 - It's Real Group 3 - DEIB Group 4 - Life Skills Group 5 - Admin Wrap Up	Group 1: Room 232 Group 2: Room 212 Group 3: Room 127 Group 4: Mrs. Murphy's office Group 5: on your own
10:30am	Affinity Group (Black Affinity Space)	Room 222
11:00 - 12:00	Independent Study Presentations (Sami, Alexa, Julie)	Great Room
12:00 - 1pm	Lunch	
1:00 - 2:30 pm	Group Work #4 (see descriptions at end of this document) Group 1 - Admin Wrap Up Group 2 - Communication Group 3 - Communication	Group 1: on your own Group 2: Room 136 Group 3: Room 136

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	Group 4 - DEIB Group 5 - Life Skills	Group 4: 240 (*arrive at 1:30pm) Group 5: Mrs. Murphy's office (start at 1:15)
3:00pm	Dismissal	

Thursday, May 26

Time	Activity	Location
8:15	Arrival	Great Room
8:30 - 10:15am	Dr. Agathis - College Health How to Stay Healthy and What to do if You're Not <i>Speaks about healthy practices including taking care of yourself when you may be far from home.</i>	Room 132 (Music Wing)
10:30 - 11	Affinity Groups (Latinx/AAPI Affinity Space)	
11 - 12:30	Group Work #5 (see descriptions at end of this document) Group 1 - Life Skills Group 2 - Admin Wrap Up Group 3 - It's Real Group 4 - It's Real Group 5 - DEIB	Group 1: Mrs. Murphy's office Group 2: on your own Group 3: Room 127 (Music Wing) Group 4: Room 127 (Music Wing) Group 5: Room 232
12:30 - 1:30	Lunch	
1:30 - 2:30	Large Group Workshop #2 Unpacking Ourselves Entering into Adulthood As you are venturing on your own, the Student Diversity Leadership Committee will present an activity to assist students with unpacking parts of their identity which will help them as they exit Kent Place and venture on the next part of their journey.	Room 132 John Walz - 226 (Eirian) Tyhisha Henry Rich Biddulph - 212 (Karla) Iannuzzi (2-2:30) - Room 132 (Iman) Stevenson (1:30 - 1:45/2:15 - 2:30)/Smith 1:45 - 2:15 - 240 (Francesca)
	Committees/Dismissal	

Friday, May 27

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Time	Activity	Location
Great Adventure Arrive to School by 8:15am Return to School by 5pm Permission Slip		

Monday, May 30

Time	Activity	Location
Memorial Day No Activities - Day Off		

Tuesday, May 31

Time	Activity	Location
8:15	Arrival	Great Room
8:30 - 9:15am	Step Sing Rehearsal	Room 136
9:30 - 12:30pm	Prepare This year the main focus will be navigating college, gap year, overseas travel, and work/internships. Prepare will explore the context of campus life such as Greek Culture, Hook Up Culture, Alcohol/Drug Abuse, Patriarchy, and Pornography. The goal is repetitive practice and rehearsal of verbal (and in future academic years, physical) skills to master flexibility and resourcefulness in problem solving.	Commons Room - Group 1 Abbate - Hegeman/ Nouss - Sharp Choral Room - Group 2 Huage - Nibauer/ Shaperson-Zeiner-Morrish
12:30 - 1:30pm	Advancement Lunch (Susan Fischer)	Great Room
1:30 - 2:00	Group A (Abbate - Nibauer): Dr. Galambos - How to Live with a Roommate Group B: (Nouss - Zeiner-Morrish) Voter Registration	Group A: Room 136 (Music Wing) Group B: Library
2:00 - 2:30	Group A (Abbate - Nibauer) Voter Registration Group B (Nouss - Zeiner-Morrish)	Group A: Library Group B: Room 136 (Music Wing)

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	Dr. Galambos - How to Live with a Roommate	
2:30 - 3:30pm	Celebration of Leadership/ Cargoes Reveal	Great Room
3:30pm	Dismissal	

Wednesday, June 1

Time	Activity	Location
	Preprom Gathering -All seniors to be at pre prom	Madison Hotel 1 Convent Rd, Morristown, NJ 07960
7pm - 10:30pm	11th/12th Grade Prom	Morristown Hyatt 3 Speedwell Avenue; Morristown, NJ

Thursday, June 2

Time	Activity	Location
11 - 12 pm	Community Service Brunch <i>By invitation</i>	Great Room
12:00 pm	Arrival (you may not arrive later than noon)	
12:00 - 12:30 pm	Class Meeting - clean out lounge - all belongings are to be brought home TODAY Room cleaned, boards erased	Senior Lounge
12:30 - 1 pm	Step Sing Rehearsal	Room 132 (Music Wing)
1 - 1:30	Lunch	
1:30 - 3:30pm	Step Sing	Great Room
3:30pm	Dismissal	

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Friday, June 3

(please dress business casual - no jeans or sweats)

Time	Activity	Location
8:15am	Arrival/ Advisory	Advisory
8:30 - 10:00	Awards Ceremony	Great Room
10:30 - 11:45	Commencement Rehearsals	Graduation Lawn/Great Room
12:00 - 1pm	Lunch with the Head of School	Commons Room
1:00 - 1:30pm	Sign Cargoes Copy for Archives Hand in Access Cards	Great Room
1:45pm	Dismissal	

	Tuesday 8:30 - 10am	Tuesday 1:00 - 2:30pm	Wednesday 8:45 - 10:15	Wednesday 1 - 2:30pm	Thursday 11 - 12:30pm
Group 1	DEIB	It's Real	Communication	Admin Wrap Up	Life Skills
Group 2	Life Skills	DEIB	It's Real	Communication	Admin Wrap Up
Group 3	Admin Wrap Up	Life Skills	DEIB	Communications	It's Real
Group 4	Communication	Admin Wrap Up	Life Skills	DEIB	It's Real
Group 5	It's Real	Communication	Admin Wrap Up	Life Skills	DEIB

Summaries of the Small Group Work:

It's Real: College Students and Mental Health -

This session will include a short video about the experiences of six college freshmen and their transition to college. The film, produced by the American Foundation of Suicide Prevention (AFSP), is designed to raise awareness about mental health issues commonly experienced by high school/college students. After viewing the film, the Class of 2022 will engage in an in depth discussion and an interactive activity that focuses on how students can seek help for these conditions, and successfully manage them. The goal of this session is to encourage college-bound seniors to be mindful of the state of their mental health, acknowledge when they are struggling, and take steps to seek help.

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Coherent Communication™ a Tactical Approach to Relational Energetics

Emotional energy transfers unspoken feelings, both depleting and renewing, and these color our communications. The energetics of anxiety, fear, judgment, frustration, preconceptions, etc., can create incoherence in communication. Being genuine and authentic helps create coherent alignment in communication. Using Intergroup Dialogue, we will explore several techniques in this workshop including: Coherent Communication™ Technique, CLCBE In The Moment Technique, as well as how the use of *Tactical Empathy* can help create pathways of collaboration and connection.

Life Skills

Chloé Hurley and Terrence Thornhill, with cameos from other KPS adults, will cover some of the basics of "adulting" including budgeting, credit, debt, professional networking, résumé-prep, and negotiating for a job or big purchase. While we won't teach students how to do laundry or change a flat tire, we will go over a few of the soft and hard skills that will give students a leg up when it comes to living on their own.

DEIB

Students will spend some time in someone else's shoes playing a board game that explores how bias may block one's path to success. Some possible outcomes from playing the game include an increase in one's own self awareness, a stronger sense of empathy and a better understanding of inequitable systems and policies. After playing the game students will participate in a facilitated discussion within their small group .

Admin Wrap Up:

Some of these things you will do on your own, some you will do during your own time. You will need to work on the following: *We may keep adding to this!*

- ☐ Complete the blurb; show your advisor; edit it; include the pronunciation of your name.
- ☐ Watch [Lollipop moments](#) - we watched this a couple of years ago. As you are leaving KPS, who would you like to thank? Who would appreciate a note? Who would you like to acknowledge?
- ☐ [Document containing the closing checklist](#)
- ☐ Clean out your locker
- ☐ Return library books (if you have any)
- ☐ Clean up the lounge - go through the things that are in there, make sure you take your stuff - all stuff is to be removed prior to the end of the day on June 3.
- ☐ [Make sure that your personal email is listed here.](#)
- ☐ [KPS Alumnae Community Survey to be completed](#)
- ☐ For those of you who are leaders - what are you going to leave to the next leader? Is the information in order?
- ☐ Find your Access Card - they will be collected on Thursday June 2 and Friday June 3
- ☐ Exit Interviews - make your appointments/ reply to your email

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Group 1

1	Asirvatham, Hannah 12	
1	Bugliari, Claire 12	
1	Callejas, Francesca 12	
1	Cohn, Leah 12	
1	Jan, Emaan 12	
1	Kapoor, Anyra 12	
1	Liu, Selena 12	
1	McMillan, Ayana 12	
1	Meyer, Arden 12	
1	Nouss, Victoria 12	
1	Perdomo, Karla 12	
1	Prunty, Charlotte 12	
1	Sher, Maggie 12	
1	Tucker, Kathryn 12	
1	Wu, Megan 12	
2	Chan, Emma 12	
2	DeVirgilio, Alana 12	
2	Gehrmann, Ella 12	
2	Harney, Sheridan 12	
2	Huang, Eirian 12	
2	Lorsbach, Miranda 12	
2	Lowry, Kate 12	
2	Nibauer, Abby 12	
2	Nwachuku, Christiana 12	
2	Pertsemlidis, Helen 12	
2	Shah, Sanjana 12	

Group 2

2	Sharp, Samina 12	
2	Sorvino-Mancini, Elizabeth 12	
2	Wolf, Elysee (CC) 12	
3	Coyne, Kathleen 12	
3	Dadson, Adaora 12	
3	DePlasco, Gabriella 12	
3	Jones, Grace 12	
3	Kapoor, Neera 12	
3	Levin, Sophie 12	
3	Martin, Grace 12	
3	Pedersen, Anniken 12	
3	Portorreal, Jaileen 12	
3	Rusas, Lauren 12	
3	Segal, Zoe 12	
3	Skyers, Sabrina 12	
3	Sharperson, Taylor 12	
3	Somaiya, Sarika 12	
3	Sussman, Allison 12	
3	Torres, Pilar 12	
3	Williams, Nia 12	
4	Cadranell, Gretchen 12	
4	Casamassina, Abigail 12	
4	Handy, Iman 12	
4	Hegeman, Ellie 12	
4	Jong, Christina 12	
4	Kirsch, Nedd 12	

Group 3

4	Luo, Janet 12	
4	McCann, Charlotte 12	
4	Paul, Leah 12	
4	Powers, Katie 12	
4	Prunty, Annabel 12	
4	Rabin, Georgia 12	
4	Sinins, Alexandra 12	
4	Terry, Bronwyn 12	
4	Tyagi, Anaika 12	
4	Wan, Francesca 12	
5	Abbate, Isabella 12	
5	Alleyne, Ariel 12	
5	Canfield, Meagan 12	
5	Fischer, Julie 12	
5	Katt, Kelsey 12	
5	Kintiroglou, Nikki 12	
5	McKern, Kelsa 12	
5	Post-Lipnick, Georgia 12	
5	Rice, Cadence 12	
5	Samson, Abby 12	
5	Seaton, Alexa 12	
5	Smith, Isabel 12	
5	Tratnyek, Claire 12	
5	Wheatley, Emilia 12	
5	Yang, Emma 12	
5	Zeiner-Morrish, Sadie 12	