the tines

refresh. refuel. relax.

Rochester Intermediate School Lunch

January 2022

3 **BREAKFAST WILL NOW BE A DAILY ASSORTMENT!**	4 A: Chicken Flatbread B: Chicken Patty C: Popcorn Chicken D: Cheese & Pepperoni Pizza	5 A: Grilled Cheese SW B: Chicken Patty C: Chicken Tenders D: Cheese & Pepperoni Pizza	6 A: Corn Dog B: Chicken Patty C: Popcorn Chicken D: Cheese & Pepperoni Pizza	7 A: Homemade Cheese Pizza B: Chicken Patty C: Beefy Nachos D: Homemade Chicken Taco Pizza
10 A: Cheeseburger B: Chicken Patty C: Chicken Nuggets D: Cheese & Pepperoni Pizza	11 A: Chicken Parmesan w/ Spaghetti B: Chicken Patty C: Popcorn Chicken D: Cheese & Pepperoni Pizza	12 A: Hamburger Horseshoe B: Chicken Patty C: Chicken Tenders D: Cheese & Pepperoni Pizza	13 A: Pancake w/ Sausage B: Chicken Patty C: Popcorn Chicken D: Cheese & Pepperoni Pizza	14 A: Homemade Cheese Pizza B: Chicken Patty C: Beefy Nachos D: Homemade Sausage Pizza
17 NO SCHOOL	18 A: Macaroni & Cheese B: Chicken Patty C: Popcorn Chicken D: Cheese & Pepperoni Pizza	19 A: BBQ Rib SW B: Chicken Patty C: Chicken Tenders D: Cheese & Pepperoni Pizza	20 A: French Toast Sticks w/ Sausage B: Chicken Patty C: Popcorn Chicken D: Cheese & Pepperoni Pizza	21 A: Homemade Pepperoni Pizza B: Chicken Patty C: Beefy Nachos D: Homemade Mac n Cheese Pizza
24 A: Bacon & Cheese Quesadilla B: Chicken Patty C: Chicken Nuggets D: Cheese & Pepperoni Pizza	25 A: Chicken & Noodles B: Chicken Patty C: Popcorn Chicken D: Cheese & Pepperoni Pizza	26 A: Pizza Grilled Cheese B: Chicken Patty C: Chicken Tenders D: Cheese & Pepperoni Pizza	27 A: Pizza Bosco Sticks w/ Sauce B: Chicken Patty C: Popcorn Chicken D: Cheese & Pepperoni Pizza	28 A: Homemade Cheese Pizza B: Chicken Patty C: Beefy Nachos D: Homemade Meat Pizza
31 A: Twin Tacos B: Chicken Patty C: Chicken Nuggets D: Cheese & Pepperoni Pizza				

Served Daily…

-Milk Choice SW= Sandwich

-Fresh Fruit And Vegetable Bar Daily

More info…

"Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness.

Menu is subject to change without notice

-All Breads are Whole Grain

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