## - "28 Days To A Client" -

## The Real War Mode Day Plan + Report.

	Priority Level	Task List For The Day (Set Tasks That Make Progress Towards MY Goals)
1. <b>V</b> /X	1	Cold Email Blast
2. <b>V</b> /X	1	Social Media B.S.
3. <mark>//</mark> /	1	TRW Lesson X
<b>4. /</b> / <b>×</b>	1	Photoshoot PlansX
5. <b>//</b> /	1	Write Letter×
6. <mark>/</mark> /X	1	Magnum Opus V
<b>7.</b>	1	Comedy ReviewX
8. <mark>/</mark> /X	1	
9. <b>//</b> /	2 -	
<b>10. V</b> / <b>X</b>	2 -	
11. 🔽/🗙	2 -	
12. <b>V</b> /X	2 -	
<b>13</b> . 🔽/🗙	2 -	
<b>14. V</b> / <b>X</b>	3 -	
<b>15. V</b> / <b>X</b>	3 -	
<b>16. /</b> / <b>X</b>	3 -	
<b>17.</b>	3 -	
<b>18.</b>	3 -	
19. 🔽/🗙	3 -	
20. 🔽/🗙	3 -	

**Day Number: 5** 

<u> Date: 3/23/23</u>

Start Of The Day - Time: 10am

	igstyle 3 Things That I Am Excited To Have In The Future? $igstyle$
1.	Money
2.	Land in Croatia
3.	An Empire



### [Track+Measure=Improve]

\$ Task:	\$ Task = Set The Task That I Intend To Complete This Hour?
🔔 Intention:	Intention = What Is My Plan Of Action To Complete This Task For This Hour?
/ Reflection:	Reflection = Did I Complete This Task For This Hour? If Not, Then Why?

#### **My War Mode Words:**

- 1. I Am Acting With No Limits To My Abilities!
- 2. I Am Being All That I Can Be, Every Hour And Every Day!
- 3. Every Word I Am Saying And Thought I Am Thinking Is Positive!
  - 4. I Am Being Enthusiastic About Completing Each Task!

#### 5. I Am The Best Copywriter In The World!

# (Delete Any Boxes Below That Are Before The Time That You Start Your Day In Your Own Copy)

\$ 10 am: Task \$	Morning exercise, walk dog, social media posts & engagements.
🔔 Intention 🔔	Get the day started, get the tedious online B.S. out of the way.
/ Reflection /	Done
\$ 11 am: Task \$	TRW Courses
🔔 Intention 🔔	Increase my Knowledge and Power.
/ Reflection /	Made breakfast, ate, checked email, made replies
\$ 12 am: Task \$	TRW Courses
🔔 Intention 🔔	Increase my Knowledge and Power.
/ Reflection /	Email blast

\$ 1 pm: Task \$	Cold Email Blast
🔔 Intention 🔔	Blast out at least 5 cold emails.
/ Reflection /	Email blast
\$ 2 pm: Task \$	Cold Email Blast
· - ·	
🔔 Intention 🔔	Blast out at least 5 cold emails.
/ Reflection /	Prospect research
\$ 3 pm: Task \$	Write Atiya Letter, Pick Up Mando, Swing by CVS for pill organizer
🔔 Intention 🔔	Get little things done and pick up buddy for John Wick 4
/ Reflection /	Prospect research
\$ 4 pm: Task \$	Text Damira for house pix, Message models for photoshoots next week
🔔 Intention 🔔	Prep for next week
/ Reflection /	Story research
\$ 5 pm: Task \$	Review Comedy or Magnum Opus Organize
	(if Mando if over) Watch Barbarian?
🔔 Intention 🔔	Get work done while friend is over.

/ Reflection /	Story research
\$ 6 pm: Task \$	Review Comedy or Magnum Opus Organize (if Mando if over) Watch Barbarian?
🔔 Intention 🔔	Get work done while friend is over.
/ Reflection /	Magnum Opus Organize
\$ 7 pm: Task \$	Hang and drive to mall
🔔 Intention 🔔	Be on time for dinner and movie
/ Reflection /	Hung out with friends, ate
\$ 8 pm: Task \$	Food before movie
🔔 Intention 🔔	Eat
/ Reflection /	Ate, went to mall
\$ 9 pm: Task \$	John Wick 4
🔔 Intention 🔔	John Wick 4
/ Reflection /	John Wick 4

\$ 10 pm: Task \$	John Wick 4
🔔 Intention 🔔	John Wick 4
/ Reflection /	John Wick 4
\$ 11 pm: Task \$	John Wick 4
🔔 Intention 🔔	John Wick 4
/ Reflection /	John Wick 4 (how long is this thing?)
\$ 12 pm: Task \$	Bed.
🔔 Intention 🔔	Sleep.
/ Reflection /	Left mall, drove home



\$ 1 am: Task \$

Intention 🔔

Reflection

Bed, sleep

≪ What Did I Learn Today? ≪	
Nothing new	
What Do I Plan To Do Differently Tomorrow? NEW	
Zoom meeting & photoshoot	
™What Do I Plan To Do The Same Tomorrow? ™	
Work	
■ Who Do I Need To Update, Contact, Ask A Question To, And Share Feedback With?区	
No one	
<b> What Tasks Were Left Undone?</b>	
General stuff	

## **Brain Dump:**

John Wick 4 was sick, but the weakest in the franchise.