

2026 – District 5-3A Track and Field Meet

Date:

Wednesday April 8th and Thursday April 9th, 2026 @ Llano High School

Admission:

No admission fees.

Weather:

In the event of bad weather, we will ask everyone to go into the gym until weather has passed. We will delay or adjust the events until weather permits on both days.

Restrooms:

Restrooms are located behind the concession stand.

Concession Stand:

The concession stand will be open at the stadium during the meet on both days. Athlete meal deals are available for purchase through our Football Program. \$8 per meal. Please email Matt Green – mgreen@llanoisd.org and let him know how many meal deals your team needs each day. Please have your numbers turned in by Thursday March 28th. That way we know how much food to order.

Team Camps:

No teams will be allowed to set up full camp in the infield. We will have the field roped off around the perimeter. Please keep your athletes behind the flags while we are running.

Parking:

We will park ALL busses in the back behind the JH. We will have a staff member ready to let you in through the gate. Park in the very back parking lot, NOT in the middle parking lot by the cafeteria.

Awards:

The top 6 finishers in each event will be awarded medals. The TOP 3 will be presented at the awards stand by the scoreboard. 4th – 6th will be placed in an envelope.

Marks (Relays and Field Events):

Do not use chalk, tape, elevated marks, or tennis balls for start marks or check point marks on the track. Please only use flat rubber marks to mark the track.

Finish Line Procedures:

We will be using MileSplit this year for our district meet. Seth Brower will be running the timing system and handling the set up with Mile Spit. We will have iPads for back up purposes only at the finish line. If the timing system fails, we will use the iPads for all heats in that division. He has asked us to have ALL entries in 3 days prior to the meet so that they have time to do the finishing set up in MileSplit. They understand that we have multi-sport athletes (softball/baseball/tennis) that will be competing the day before so we can make any adjustments.

Appeals Process:

All protests must be in written form and submitted to the Meet Referee and Games Committee within 30 minutes of the conclusion of the event.

Meet Entry Procedure:

Online registration for the District Meet is OPEN on MileSplit. Seth Brower with MileSplit is running our meet. All JV/Varsity meet entries will be DUE ONLINE by Tuesday April 7th at NOON.

- Only 3 entries per event
- All entries will be serpentine seeded by official times/marks achieved during the 2026 season only for prelims. The top three times will each be set in Lane 4 for Heats 1, 2, and 3. Relay Lane assignments will be drawn at the HC's meeting. 800-1600-3200 will be seeded by time with fast to slow outside/in.

The meet program will be created by Seth Brower, MileSplit.

- Once entries close, Seth Brower will email all head coaches the heat sheets for you to REVIEW your entries.
- There will NOT be any additions to the program. In the JV DIVISION only, if there is a need for a name change in the event due to an athlete no longer participating, please send that correction to Coach Priem, Seth Brower, and all head track coaches by email. These changes will be updated in the computer, and everyone should write the changes in their program. This should only occur due to illness, ineligibility, 2nd sport conflict, or disciplinary reasons.
- If a VARSITY change must occur after the online entries close, it must be approved by the Games Committee due to eligibility or injuries only. Changes must have official names present on the UIL Varsity Eligibility Entry Form submitted prior to the season or supplemental forms prior to the district meet.

Field Events

- Field Events will be held on Day 1 (Wednesday April 8th) at their designated time and location.
- Workers can pick up and return their materials at the JH weight room located at the south end of the stadium. Please return field event score sheet to the finish tent after each division.
- Tiebreakers: All field event ties will be broken in the horizontal jumps/throws based on measured attempts, but points will be split. In the JV events, all vertical jump ties will be broken for 1st/2nd place only. In the event there is a tie for other places, the points will be divided between teams and there will be a flip for the medals by the coaches. ALL VARSITY field events will have ties broken for 1st – 6th place for advancement clarification, but points will continue to be split based on finish results prior to ties being broken.
- Assignments: Each school will be responsible for running off the field event(s) that they are assigned. Llano will furnish all materials needed to run off the events..

Hospitality:

All workers/coaches will be given a complimentary meal both days of the meet.

2026 – District 5-3A Track and Field Meet – WORKER ASSIGNMENTS

Meet Director:	Ryan Priem – Llano – Seth Brower – MileSplit
Meet Referee:	Kyle Futrell & Games Committee – District AD's
Starter/Assistant Starter:	Kyle Futrell & John Klein
Clerk of Course:	Llano – Kemp Lowery
Hip Number Check In:	Llano – Kemp Lowery
Finish Clerk:	Seth Brower - MileSplit
FAT Timing:	MileSplit
Announcer and Awards:	Neda Bauman – Llano

Hurdle Setters:

All Coaches Help

Back up Timers – Llano will have iPads. ****If the timings system fails then we will use the backup times for each heat of that division.****

Recorder – Llano – Colten Center

Curve Judge #1 (Entry – Exit)	Blanco – Brady (4x1, 4x2, & 4x4 break in)
Curve Judge #2 (Entry – Exit)	Comfort – Ingram (4x1, 4x2 start line, & 4x4 start line)
Curve Judge #3 (Entry – Exit)	Florence – Llano (4x1)

Each school will need to have two coaches per station – One on the inside – one on the outside.

Field Events (4 workers from each school – Official, Marker 1, Marker 2, Implement/Raker)

Shot Put:	Blanco – in charge of weighing and certifying shot puts
Discus:	Comfort – in charge of weighing and certifying discus
High Jump:	Llano
Pole Vault:	Florence – in charge of weighing and certifying poles
Long Jump:	Ingram
Triple Jump:	Brady

- One attempt per athlete in the flight event order listed on the field event sheet.
Multiple attempts are NOT allowed.
- 3 Throws/Jumps each in Prelims – Top 8 to Finals (3 more attempts) – Prelim attempts count in finals as best attempts. **JV is Finals only 4 jumps/throws.**

2026 – District 5-3A Track and Field Meet Schedule

DAY 1 – Wednesday April 8th, 2026 – Field Events and Running Prelims

- 8:15am – 8:30am Field Event Workers/Coaches Review Meeting

Field Events – Stay on Schedule – 60-75 minutes to run off each event

Implement/pole vault weigh in will be done in the JH weight room 45-60 minutes prior to start. Implements WILL NOT BE POOLED. Implements and poles will be marked for competition use

9:30am

JV Boys Long Jump	JV Girls High Jump	Varsity Boys Shot
Varsity Girls Triple Jump	Varsity Girls Pole Vault	JV Girls Discus

11:15am

JV Girls Long Jump	Varsity Girls High Jump	Varsity Girls Shot
Varsity Boys Triple Jump	Varsity Boys Pole Vault	JV Boys Discus

12:45pm

Varsity Girls Long Jump	Varsity Boys High Jump	JV Girls Shot
JV Boys Triple Jump	JV Boys Pole Vault	Varsity Boys Discus

2:15pm

Varsity Boys Long Jump	JV Boys High Jump	JV Boys Shot
JV Girls Triple Jump	JV Girls Pole Vault	Varsity Girls Discus

3:15pm – 4:10pm – Worker/Coach Lunch/Break – Lunch provided

Running Prelims – 4:30pm

4:15pm – Workers report to finish line (timers-curve judges-clerks-hurdle setters)

4:30pm	3200 meter run FINALS	JV Girls
4:55pm	110 meter hurdles	JV Boys ONLY
5:05pm	3200 meter run FINALS	JV Boys
5:25pm	100 meter dash	JV Girls – JV Boys – Varsity Girls – Varsity Boys
5:45pm	3200 meter run FINALS	Varsity Girls
6:05pm	400 meter dash	JV Girls – JV Boys – Varsity Girls – Varsity Boys
6:35pm	300 meter hurdles	JV Boys – Varsity Boys
6:55pm	3200 meter run FINALS	Varsity Boys
7:15pm	200 meter dash	JV Girls – JV Boys – Varsity Girls – Varsity Boys
7:40pm	END DAY 1	

- Top 8 athletes will advance to the finals on Day 2 in all running prelim events.

Day 2 – Thursday April 9, 2026 – Running Finals – 5pm

4:30pm	Workers report to finish line (timers-pickers-curve judges-clerks-hurdle setters)	
4:45pm	4x100 athlete's check-in as a team (On track around 4:55pm)	
5:00pm	4x100 Relay	JV Girls – JV Boys – Varsity Girls – Varsity Boys
5:20pm	800 meter run	JV Girls – JV Boys – Varsity Girls – Varsity Boys
5:40pm	100 meter hurdles	JV Girls – Varsity Girls
	110 meter hurdles	JV Boys – Varsity Boys
5:50pm	100 meter dash	JV Girls – JV Boys – Varsity Girls – Varsity Boys
6:10pm	4x200 Relay	JV Girls – JV Boys – Varsity Girls – Varsity Boys
6:30pm	400 meter dash	JV Girls – JV Boys – Varsity Girls – Varsity Boys
6:50pm	300 meter Hurdles	JV Girls – Varsity Girls – JV Boys - Varsity Boys
7:10pm	200 meter dash	JV Girls – JV Boys – Varsity Girls – Varsity Boys
7:30pm	1600 meter run	JV Girls – JV Boys – Varsity Girls – Varsity Boys
8:00pm	4x400 Relay	JV Girls – JV Boys – Varsity Girls – Varsity Boys

- Team point totals will be announced during and at the conclusion of the meet.
- Championship Plaques will be awarded to all divisions when medals are picked up.
- Complete results will be on MileSplit and sent to the Area Meet Officials.