

Recommended Social Emotional Learning Resources for Educators

This list is open for educators to add resources. (Right-click to insert a new row)

Title (with hyperlink)	Author(s)	Additional Notes
<i>Curriculum Resources</i>		
This We Believe	Association For Middle Level Education	Middle school-specific; for school-wide shift;
Anti Bias Curriculum Guides	Anti Defamation League	Detailed lesson plans for developing anti-bias understanding
Music	various	A reminder to use music in the classroom, to calm, or to inspire; to learn from lyrics or just alter the atmosphere
CASEL Resources from CASEL for COVID	Collaborative for Academic, Social, & Emotional Learning	Research-based framework for SEL education
Teaching Tolerance Lessons	Teaching Tolerance	Lessons for teaching social justice and social emotional skills
Wheel of Awareness	Dan Siegel	
<i>Books/ Articles/ Videos For Educators</i>		
Articles and Talks by Dena Simmons	Dena Simmons @DenaSimmons	Why We Can't Afford White-Washed SEL
Unconditional Learning	Alex Shevrin Venet	Framework for trauma-informed education

The Whole Brain Child	Dan Siegel	
Flexible SEL Classroom & Flexible ELA Classroom	Amber Chandler @AmberChandler	Middle grades/ middle school
Culturally Responsive Teaching and the Brain	Zaretta Hammond	
Online Learning Module: Creating a Well-Rounded Educational Experience	American Institutes For Research	A free online course on SEL for educators
We Want to Do More Than Survive: Abolitionist Teaching and the Pursuit of Educational Freedom	Bettina Love	
Permission To Feel: Unlocking the Power of Emotions To Help Our Kids, Ourselves, and Our Society Thrive	Mark Brackett	
Anti-Racism in Social Emotional Learning: Why It's Not Enough To Talk the Talk	Tony Weaver, Jr.	
<i>Books For Students</i>		
Free Spirit Publishing	various	Publishing house with social-emotional focus
Listening With my Heart/ Escuchando Con Mi Corazón (and other books by Gabi García)	Gabi García	For elementary age children; available in English and Spanish
Fighting Invisible Tigers: Stress Management For Teens	Earl Hipp	

Organizations that Offer SEL PD and Curriculum

Heartfulness Education Trust		
Character Strong		
Unconditional Learning		With special features for COVID conditions