



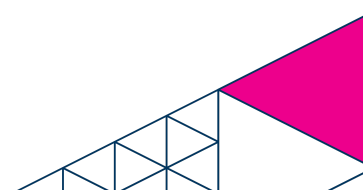
GOLD QUALIFYING ADVENTUROUS JOURNEY (AJ) REPORT TEMPLATE

1. Use this template as a guide to help you compile a written report.
2. The instructions/suggestions can be deleted as you go.
3. Save your completed Report as a PDF, then upload it to your Online Record Book (ORB) with the following naming convention: Billy_Bloggs_Qualifying_AJ_Report.

Your Name:	
Your Duke of Ed Centre:	

Insert a photo or a Google map showing the location

Journey Name	<i>Example: Group 2 Great North Walk Coastal Track, Royal National Park, March 2017</i>	
Journey Type	<i>Example: expedition, exploration</i>	
Mode(s) of Travel	<i>Example: bushwalking, canoeing</i>	
Dates	Start / /	Finish / /
Location Details		
Journey Goal / Purpose	<i>Example: the purpose of this journey is to investigate, and study aboriginal rock art found in Ku-Ring-Gai National Park</i>	
Supervising Organisation	<i>Example: the name of the school, community group or expedition company who supervised your journey</i>	
Assessor	<i>Example: the name of the person at your school, community group or expedition company who will be providing the final signoff to your AJ and this AJ Report</i>	





Journey Group Members

Supervisor name(s)	Supervisor(s)		
Group member name(s)	group member 1	group member 2	group member 3
group member 4	group member 5	group member 6	group member 7

insert photo of group here

(L-R) group member names

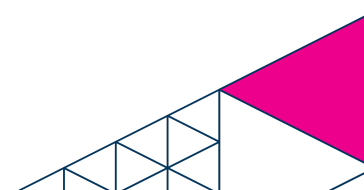
Pre-Journey Information

Suggested inclusions:

- A general description of the National Park/Forest & its location
- Outline the skills you acquired during your Preparation and Training and your Practice Journey
- Outline the physical fitness preparation for the Qualifying Journey
- Weather / environmental / timing notes prior to departure (see table below)

	Expected weather conditions	Expected terrain/environmental conditions	Distance (km)	Expected time (hrs/mins*)
Day 1				
Day 2				
Day 3				
Day 4				

*An average of at least **8 hours of purposeful effort** per day is required for Gold. **Purposeful effort** means time spent towards accomplishing the purpose of the journey. Time associated with sleeping, cooking and eating is in addition to this time.



Insert images/photos showing:

- *Map Name*
- *Route (including start and finish points) and route summary (eg total distances/times)*
- *Meal stops, check/rendezvous/meeting points, water sites and campsites*
- *The groups progress during the journey*
- *Environmental features and points of interest*

An example Plan/Table is set out as below. You could also insert an image/photo of the Plan/Table you may have used for your journey.

Total distance: (km)		Total time: (hr/min)		Avg. hours per day: (> 7 hrs)	
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[illegible]

Equipment List

Full equipment list:

- Item 1
- Item 2
- Etc.

Equipment review:

Example: comments on equipment taken which was essential, useful, inappropriate or unnecessary, and equipment not taken but which would have been helpful

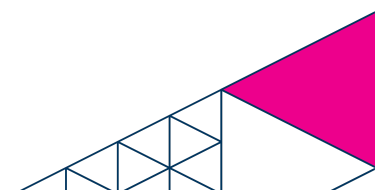
Clothing List

Full clothing list:

- Item 1
- Item 2
- Etc.

Clothing review:

Example: too much / too little, essential, useful, inappropriate or unnecessary, clothing performance issues (eg waterproofs, shoes, thermals etc...). What other clothing would have been desirable?



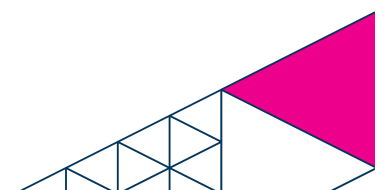


Food List/Menu Plan

Full food list: (Example: daily rations, include emergency food) • • Cooking equipment/utensils list: (Example: daily rations, include emergency food) • •	Food review: Example: comments on adequacy of rations, ease of preparation, waste/rubbish produced. Was emergency food required? What tasted good and what didn't you feel like eating, why? Was your water supply adequate? Were there any water supply issues?
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If possible, also include a Menu Plan. Such a Menu Plan could be set out as below, or you can insert an image/photo of the Plan you may have used for your journey.

Meal	Day 1	Day 2	Day 3	Day 4
Breakfast				
Lunch				
Dinner				
Snacks				
Emergency Food				
Other				





Description of Journey

Note – a minimum ½ page description is expected for each day

Day 1

Suggested inclusions:

- Observations such as geography, weather, flora, fauna, etc...
- Information – historical, geographical, scenic, etc...
- Your highlights for the day
- Items noted on the trip but not included on the map (new tracks etc...)
- Any problems encountered/overcome
- Adequacy of campsites, water supply, etc...
- Photos / sketches etc...

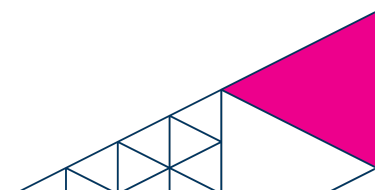
Expected time (hr/min)		Actual time taken (hr/min)		Timing notes eg longer than anticipated due to...
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Day 2

Suggested inclusions:

- Observations such as geography, weather, flora, fauna, etc...
- Information – historical, geographical, scenic, etc...
- Your highlights for the day
- Items noted on the trip but not included on the map (new tracks etc...)
- Any problems encountered/overcome
- Adequacy of campsites, water supply, etc...
- Photos / sketches etc...

Expected time (hr/min)		Actual time taken (hr/min)		Timing notes eg longer than anticipated due to...
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Description of Journey (continued)

Note – a minimum ½ page description is expected for each day

Day 3

Suggested inclusions:

- Observations such as geography, weather, flora, fauna, etc...
- Information – historical, geographical, scenic, etc...
- Your highlights for the day
- Items noted on the trip but not included on the map (new tracks etc...)
- Any problems encountered/overcome
- Adequacy of campsites, water supply, etc...
- Photos / sketches etc...

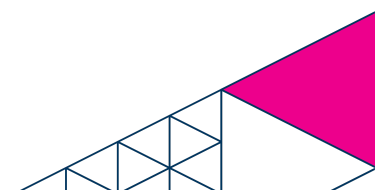
Expected time (hr/min)		Actual time taken (hr/min)		Timing notes eg longer than anticipated due to...
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Day 4

Suggested inclusions:

- Observations such as geography, weather, flora, fauna, etc...
- Information – historical, geographical, scenic, etc...
- Your highlights for the day
- Items noted on the trip but not included on the map (new tracks etc...)
- Any problems encountered/overcome
- Adequacy of campsites, water supply, etc...
- Photos / sketches etc...

Expected time (hr/min)		Actual time taken (hr/min)		Timing notes eg longer than anticipated due to...
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Supporting Evidence

Evidence may include: (scans/photos are acceptable)

- Leaflets
- Clippings
- Entry permits
- Sketches
- Photos
- Etc...

Thoughts/Reflections

A Gold Qualifying Journey is a memorable experience and a major achievement. Please record some of your thoughts and reflections of the trip below.

Some questions to help you:

- *Feelings about the trip – such as what you and the group learnt about yourselves and what were the highs and lows of the trip? What didn't you like or enjoy?*
- *What were the most memorable events/things you encountered on your journey?*
- *How did your group work together? What were the benefits and problems?*
- *What did you learn?*
- *What were your proudest achievements during the journey?*
- *What was most challenging about this journey?*
- *What would you do differently next time?*
- *What advice would you give to someone before they went on a similar journey?*
- *Any other matter relating to the trip and its organisation?*

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