



Republic of the Philippines
 Department of Education
 NATIONAL CAPITAL REGION
 Schools Division Office of Pasay
 District V
JOSE RIZAL ELEMENTARY SCHOOL
 Barangay Talaba, Pasay



CLASS PROGRAM

Grade 3 - Rosal
 School Year 2025 – 2026

Prepared by: Time Allotment	Number of Minutes	Monday	Tuesday	Wednesday	Thursday	Friday
RUSSEL H. TAGLIK Teacher I		LEILA S. HAYTO Public Schools District Supervisor				
7:00 – 7:20	20	Flag Ceremony / Daily Routine				
7:20 – 8:05	45	GMRC	GMRC	GMRC	GMRC	GMRC
8:05 – 8:50	45	Filipino	Filipino	Filipino	Filipino	Filipino
8:50 – 9:35	45	Mathematics	Mathematics	Mathematics	Mathematics	Mathematics
9:35 – 9:55	20	Health Break				
9:55 – 10:40	45	MAKABANSA	MAKABANSA	MAKABANSA	MAKABANSA	MAKABANSA
10:40 – 11:25	45	English	English	English	English	English
11:25 – 1:00	95	Health Break (Lunch/Rest)				
1:00 – 1:45	45	Science	Science	Science	Science	Science
1:45 – 2:15	30	NRP	NRP	NRP	NRP	HGP (45 mins)
2:15 – 2:45	30	NMP	NMP	NMP	NMP	—
2:45 – 3:45	60	Collaborative Expertise Session for Teachers	Intervention / Library Work / Co-curricular / Culmination	Collaborative Expertise Session for Teachers	—	—
7:00 – 7:20	20	Flag Ceremony / Daily Routine	Flag Ceremony / Daily Routine	Flag Ceremony / Daily Routine	Flag Ceremony / Daily Routine	Flag Ceremony / Daily Routine
TOTAL Actual Teaching in Minutes and Hours Per Day	Monday to Thursday: 330 minutes - Friday: 315 minutes (inclusive of HGP)					

Noted:

CLAIRE M. FORTALEZA
 Head Teacher VI

Approved by:

HAROLD D. BUENAVISTA
 Schools Division Superintendent



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