



SBIRT@CPS
CRAFFT Screening Tool

The following questions concern information about your use of alcohol and other drugs during the past 12 months. Carefully read each question and decide if your answer is “YES” or “NO”. Then mark in the appropriate box beside the question. Please answer every question. If you cannot decide, then choose the response that is mostly right.

When the word “drug” is used, it refers to the use of prescribed or over-the-counter drugs that are used in excess of the directions and any non-medical use of drugs. The various classes of drugs may include but are not limited to cannabis (e.g., marijuana), solvents (e.g., gas, paints, etc.), tranquilizers (e.g., valium), barbiturates, cocaine, and stimulants (e.g., meth), hallucinogens (e.g., LSD, MDMA, ketamine) or narcotics (e.g., heroin, oxycontin).

Part A: During the PAST 12 MONTHS, did you:		No	Yes
1.	Drink any <u>alcohol</u> (more than a few sips)?		
2.	Smoke or vape any <u>marijuana</u> or eat edibles (e.g., gummies, brownies)?		
3.	Use <u>anything else</u> to <u>get high</u> ? ("Anything else" includes illegal drugs, over-the-counter and prescription drugs, and things that you sniff or "huff")		
Did the student answer "no" for ALL questions in Part A? Ask Car question only in Part B, then stop Did the student answer "yes" for ANY questions in Part A? Ask All 6 CRAFFT questions in Part B			
Part B: CRAFFT		No	Yes
1.	Have you ever ridden in a CAR driven by someone (including yourself) who was "high" or had been using alcohol or drugs?		
2.	Do you ever use alcohol or drugs to RELAX , feel better about yourself, or fit in?		
3.	Do you ever use alcohol or drugs while you are by yourself, or ALONE ?		
4.	Do you ever FORGET things you did while using alcohol or drugs?		
5.	Do your FAMILY or FRIENDS ever tell you that you should cut down on your drinking or drug use?		
6.	Have you ever gotten into TROUBLE while you were using alcohol or drugs?		



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Scoring and Interpretation

Part A: If “yes” to any questions in Part A, ask all 6 CRAFFT questions. If “no” ask CAR question then stop.

Part B: Score 1 point for each “YES” answer.

CRAFFT Score	Degree of problem related to alcohol or other substance abuse	Suggested Action
0 - 1	No problems reported	None at this time
2+	Potential for a significant problem	Brief intervention required

Brief Intervention Key Points

1. Use open ended questions:
 - a. *In what ways are you concerned about your drinking?*
 - b. *So what do you think you want to do about your vaping?*
2. Use affirming language.
3. Be reflective in your listening.
4. Summarize what you have heard/what the student said.
5. Ask permission to give information, don't lecture or simply give advice.
6. Elicit change talk and motivation to change (e.g. use the readiness ruler) – for example:
 - a. *“On a scale of 0 to 10, how important would you say it is for you to reduce or stop drinking, with [0] being not at all important and [10] being extremely important?”*
 - b. Next, explore the ratings: *What led you to pick a [6] and not a lower number like [2]? Or “What led you to choose a [2] and not a [0]?”*

