

Structured Enrichment Plan

NOTE: This plan works in conjunction with the daily ISO enrichment schedule!

After 1st Walk	Between 11:00-12:00	Between 2:30-3:30	After Dinner
Meal in Snuffle Mat or Food Puzzle	Chew Item or Cardboard Shred Item	Scent Enrichment or New Toy	Stuffed Kong/Toppl or Pupsicle

Item Descriptions:

Snuffle mat - Snuffle mats should be filled with hard or chewy treats, but stay away from hot dogs or cheese.

Jolly Ball - Large balls that can be pushed around and bounced off of things

Treat towel - Take a towel, and lay it flat. Sprinkle some treats on it, then roll it up and tie it in a loose knot.

Kong Wobbler - Hard plastic Kong with only hard kibble or training treats in it. Place it in the yard and let them roll it around to get treats.

Cardboard Shred Item - Paper towel or toilet paper roll with the ends closed in, and treats stuffed inside.

Toy rotations - Rotating in new toys exposes puppies to novelty

Lick mat - ideally this should be a Kong w/ novel treats, not the standard ones they would receive regularly

Long lasting chew - anything from donations and/or bully sticks

Kong - ideally this should be a Kong w/ novel treats, not the standard ones they would receive regularly

Pupsicle - Premade items that should be in the freezer, if unavailable substitute with something novel and new

Busy Box/Paper Bag - Adjust to the size and difficulty based on the puppy or dog, start with an easy option: treats in the bottom covered by toys. Harder options can include closing the top of the box, including Pup Rolls or Treat Towels in the box.

Initials:

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday