



Women's Group!

Being human is...hard

We. Are. Better. Together

SNACKS | SUPPORT | RELAXATION | CONNECTION

Every Wednesday

MAY 29TH-JUNE 19TH

7:15pm-8:15pm | Balance Yoga

Multi Generational

A Community Wellness Center

63 Willis Farm Rd

Richmond, VT 05477

Receive a Stone's
Throw Gift Card if you
attend 3+ sessions!

