

# UMBS Packing List

Read about [life at the Station](#) for more information. Updated April 2024.

## Required

*Students and those engaging in fieldwork: please bring some clothes that can layer and get dirty/torn.*

- **Hot-Weather Clothes:** T-shirts, shorts
- **Long Pants:** Ideally pants that can dry quickly (2-3)\*; Especially for field classes/chemistry lab if applicable
- **Rain Coat/Pants or Poncho (1)**
- **Shoes that can get wet/dirty:** Close-toed for chemistry lab if applicable
- **Sweatshirts/Long Sleeves/Layers (5)**
- **Baseball Cap/Sun Hat (1)**
- **Cold-Weather Jacket/Coat (1)**
- **Hiking Shoes:** for fieldwork/classes
- **Comfortable walking shoes/sandals:** for walking around the Station
- **Tall Socks (4)**

## *Bedding:*

- **Pillows**
- **Sheets/Blankets/Sleeping bag:** regular twin for student cabins; cabins are not insulated and nights can get below freezing

## *Personal Care:*

- **Daily Medication/EpiPen:** If applicable; Fridge/Freezer for storing medication is available in Nurse's cabin
- **Health Insurance Card or Account Info**
- **Personal First-Aid Kit**
- **Insect Repellent:** 30% DEET; Herbal not effective
- **Sunscreen**
- **Toiletries**
- **Bath Towel/Washcloth**
- **Beach Towel**

## *Other:*

- **Backpack/String Bag**
- **Non-Perishable Snacks in airtight (mouse-proof) containers**
- **Phone Charger**
- **Lunch box/small cooler**
- **Reusable Water Bottle**

**\*Note:** While clothing items listed are required, the number of clothes listed are a suggestion; please consider your own personal needs, laundry frequency, & time of year.

**Students:** You should hear from or check in with your instructors before arriving at camp to ask about items you may need specifically for your course.

## Recommended

### *Clothing:*

- Cold-Weather Hat & Gloves
- Shower Shoes
- Sunglasses
- Swimwear
- Water Shoes

### *Cabin:*

- **Hand Soap:** for non-student cabins with attached baths
- **Heating Pad or Heated Blanket/Throw** with automatic timer to shut off: Especially for spring session; cabins are not insulated and nights can get below freezing
- **Portable/Travel Fan:** Helps with heat & mosquitoes
- **Clothes Hangers**

### *Other:*

- Flashlight/Headlamp
- Headphones/Earbuds
- Laundry Bag/Hamper
- Laundry Detergent
- Shower Caddy
- Laptop/Tablet & Charger
- Surge Protector for laptop
- Travel Mug

## Optional

- Camera
- Hammock
- Electric Kettle/Coffee Maker
- Clothespins/clothesline
- Bicycle
- Extra/Backup Eyeglasses (if applicable)
- Games/Playing Cards
- Goggles/Snorkel Mask
- **Mirror:** There are no mirrors in the cabins
- Musical Instruments
- **Mosquito Nets:** Head and Bedding/Tent Frame
- **Recreation gear:** Frisbee, running shoes, etc.
- Sewing Kit

## Please Do Not Bring

- **Sentimental clothing, jewelry, etc:** While no history of theft, it is easy to misplace or forget in the field. Additionally, washers may leave iron stains on light-colored clothing.
- **Toaster Ovens, microwaves**