

You Need to Know Everything about Car oil Diffuser
<https://ift.tt/2zODCmi>



Finding a [car](#) oil diffuser? There are a lot of car diffuser e.g. car scenter, [ultrasonic](#), usb diffuser etc. All diffuser are easy to use, high quality, soothe mist that lasting from 7 to 8 hours and more. These car diffuser uses ultrasonic technology to diffuse water and [essential oils](#) without generating heat. So read on this full article and learn everything about car oil diffuser.

Whenever something is popular, as essential oils are right now, it seems like people clamor for their corner of the market.

People own multiple [diffusers](#) for different areas of their homes, diffuse at work or school, wear aromatherapy jewelry, and diffuse in their cars.

Is it all too much? While diffusion is generally safe, there is no need to be diffusing non-stop.

Your nose needs a break once in a while, and there is no therapeutic advantage to diffusing more than 10 minutes, 3 times a day (nebulizers) or 30-60 minutes, 3 times a day if you own an ultrasonic.

So the first question is do you even need a car diffuser?

Do you need a car diffuser?

As with most things, this will depend on your individual circumstances. You will need to evaluate where else in your life you are diffusing or using essential oils and if you need to diffuse in your

car as well. The recommended daily diffusion times given above can help you decide.

Some reasons why you may want a car diffuser include:

- You want to promote alertness and mental clarity while driving
- Your kids smelly gym socks are still in the back seat
- You want to diffuse uplifting, feel good scents to put you in the right frame of mind to face wherever you are going to
- You work in an public space with lots of germs, but can't use a diffuser at work (e.g. teachers, health care workers, daycares..) and want to diffuse on your commute instead as an ounce of prevention

What are the cautions for car diffusers?

Avoid oils that could make you drowsy: You need to exercise some caution with car diffusers. Certain scents should be avoided while driving, especially clary sage, sweet marjoram, chamomile and sandalwood. For more details on what oils to diffuse in the car see [Essential oils for Driving](#)

Don't block your vision: Another caution is not to hang anything from the rear view mirror or anywhere else where it may interfere with vision. This is especially true of metallic or reflective objects (like a stainless steel diffuser necklace). In some areas, hanging something from your rear view mirror is illegal.

Limit diffusion time in closed spaces: What makes diffusion generally so safe is that the oils are dispersed into a large volume of air in the room. In a car, we have a small closed space. Therefore, using a diffuser that sends out a constant mist into a small area for a prolonged time is not recommended.

An ideal car diffuser should be able to be unplugged, turned off, or put away. If that isn't possible and you are driving for longer than 30 minutes, you may want to give yourself a break from the scent by opening the windows.

What are the best diffusers for a car?

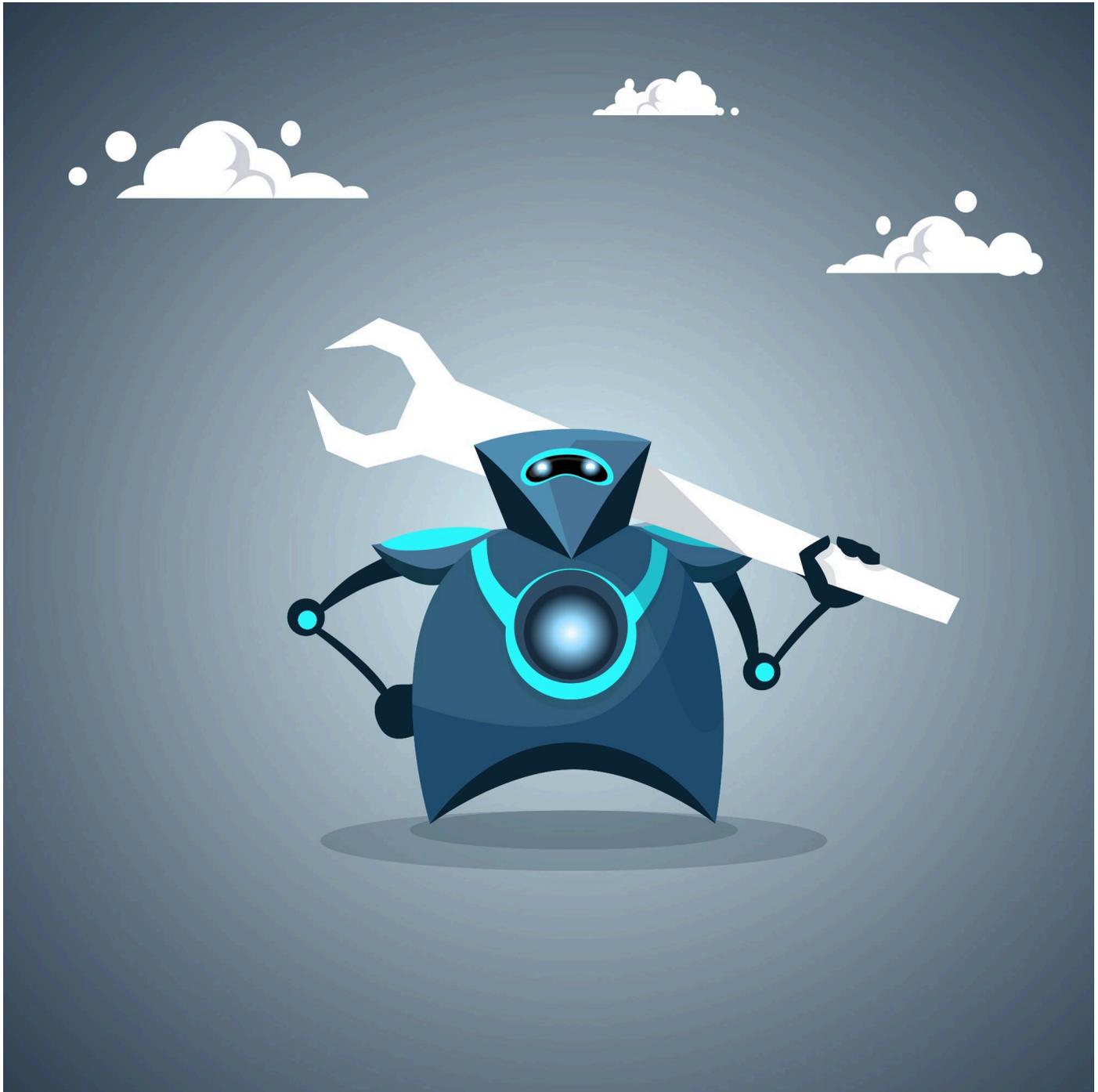
The ideal diffuser for a car is one that:

- Does not emit an overpowering scent or large volume of mist
- Can be turned off so you can take a break from the scent
- Won't interfere with your ability to safely drive a car

Here is the bad news, I have not come across the ideal car diffuser. Car diffusers tend to be passive diffusers—some sort of pad or clay piece that absorbs the oils and lets them evaporate into the air. There are some diffusers which are small ultrasonics, and I have even seen nebulizers marketed for cars. I can't recommend a nebulizer for a small space like a car.

Passive diffusers cannot be turned off. Heated passive diffusers can be unplugged, but the scent pad will continue to evaporate essential oils. Passive diffusers are generally safer than ultrasonics car diffusers because the amount of oil diffused will be less.

[Read more](#)



You may also find a news that was posted by Painted Tea Cup journal on car oil diffuser- I am very excited to announce that I have completed my very first guest post (a post I have written to be shared on someone else's blog)! Have you ever had a horrible smell in your car? Let's be real... of course you have! This happened to me just recently so I decided to make a DIY all-natural essential oil car diffuser! Check out my DIY Essential Oil Car Diffuser on Amanda's blog called Amanda Unfolded!

To Make it You Need:

Essential oil of your choice (I used orange)

Ribbon/String

Crayola Air Dry Clay

Directions:

Head over to Amanda Unfolded to read my guest post and the directions to make this easy & affordable essential oil car diffuser!

[Read more](#)

This video will guide you to learn more about essential oil needed for your car-

Recommended resources:

- [7 Best Aromatherapy Car Essential Oil Diffuser Reviews](#)
- [How to make an essential oil diffuser for your car](#)
- [Best essential oil diffusers for 2018](#)

via The Gift of Scent <https://ift.tt/2wTBkQh>

October 03, 2018 at 10:43PM