

kCore (11 or 13 units)

1. KINE 5700 - Research Methods (3 units)
2. KINE 5160 - Advanced Exercise Physiology (3 units)
3. KINE 5850 - Field Experience (4 units)
4. KINE 5940 - Comprehensive Exam (1 unit) or KIN 598 – Thesis (3 units)

Clinical Courses (10 Units)

1. KINE 5880 – Exercise Stress Testing & EKG Interpretation (4 units)
2. KINE 5660 - Clinical Exercise Prescription for Chronic Disease (3 units)
3. KINE 5640 - Behavior Change Strategies for Physical Activity (3 units)

Sport Performance Courses (10 Units)

1. KINE 5440 – Biomechanics of Strength and Conditioning (4 units)
2. KINE 5460 - Sport Nutrition (3 units)
3. KINE 5480 – Applied Strength & Conditioning (3 units)

One-Year Track (Generally Recommended for Most Students)

Fall (10 units):

1. KINE 5700 - Research Methods (3 units, 8 Weeks G1)
2. KINE 5480 – Applied Strength & Conditioning (3 units, 8 Weeks G2)
3. KINE 5880 - Exercise Stress Testing & EKG Interpretation (4 units, 16 Weeks)

Spring (10 units):

1. KINE 5660 - Clinical Exercise Prescription for Chronic Disease (3 units, 8 Weeks G1)
2. KINE 5160 - Advanced Exercise Physiology (3 units, 8 Weeks G2)
3. KINE 5440 – Biomechanics of Strength and Conditioning (4 units, 16 Weeks)

Summer (11 or 13 units):

1. KINE 5640 - Behavior Change Strategies for Physical Activity (3 units, 8 weeks G1)
2. KINE 5460 - Sport Nutrition (3 units, 8 weeks G1)
3. KINE 5850 - Field Experience (4 units, 16 weeks)
4. KINE 5940 – Comps (1 unit) or KIN 598 – Thesis (3 units, 16 weeks)

Two-Year Track (GA, Internationals, etc.)

Fall 1:

1. KINE 5700 - Research Methods (3 units, 8 Weeks G1)
2. KINE 5860 - Exercise Stress Testing & EKG Interpretation (4 units, 16 Weeks)

Spring 1:

1. KINE 5160 - Advanced Exercise Physiology (3 units, 8 Weeks G2)
2. KINE 5440 – Biomechanics of Strength and Conditioning (4 units, 16 Weeks)

Summer:

1. KINE 5640 - Behavior Change Strategies for Physical Activity (3 units, 8 weeks G1)
2. KINE 5460 - Sport Nutrition (3 units, 8 weeks G1)

Fall 2:

1. KINE 5480 – Applied Strength & Conditioning (3 units, 8 Weeks G2)
2. KINE 5850 - Field Experience (4 units, 16 weeks)

Spring 2:

1. KINE 5660 - Clinical Exercise Prescription for Chronic Disease (3 units, 8 Weeks G1)
2. KINE 5980 – Thesis (3 units, 16 Weeks)