

Summer McStravick Bio

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SHORT BIO (269 wc):

How do you learn to work with the living energies of the Universe to manifest your future and heal your life? You do it through Flowdreaming!

Summer McStravick has been teaching students the art of Flowdreaming for more than 15 years. Summer has been blessed to work alongside Dr. Wayne Dyer and Louise Hay for a decade where she created HayHouseRadio and hundreds of programs for self-help luminaries such as Abraham-Hicks, Dr. Gregg Braden, Marianne Williamson, and many more.

There, she wrote her first book, "Flowdreaming," which describes a technique for manifesting that's intensely practical and extremely powerful. It's also a riveting philosophy that helps explain the role of our consciousness in shaping our lives. It offers the principles of ease, bounty, and flow as our natural state, and shows us how consciousness is the energy that bridges the physical and nonphysical and is what weaves in the people and situations in our lives.

Summer's system has become an internationally recognized method for developing your empathic intuition, healing, and manifesting, and her powerful abilities and understanding of universal energies have reached over 85,000 students worldwide.

Her online program, M.E. School, is one of the most innovative and comprehensive schools in the world for developing one's intuitive, intelligent, and energetically-connected self. She's also developed over 150 audio recordings of Flowdreams available at Flowdreaming.com or through her app, Flowdreaming.

Visit www.Flowdreaming.com to get her Free Kit that teaches you how to get into your Flow, or look up the Flowdreaming podcast and app on iTunes or in your preferred app store.

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