



Event	Wasatch Citizen Series #3
Date, Time	Jan 28 <sup>th</sup> , 10am
Technique, Distance	Classic, 5km/10km Interval Start
Location	White Pine – Farm Trail

Overnight Temperature (F°)	20F
Day Temperature (F°)	25f
Precipitation, Snow Type	Chance of light snow showers
Wind, Sky Coverage	Wind WSW 7-10mph, cloudy, humid

**Glide Wax Recommendation**

<b>Good</b>	RG Blue		
<b>Better</b>	RG Race Blue		
<b>Best</b>	RG Ultra Blue		

**SRB Starter Kit Recommendation**

<b>Roller</b>	V202	Single pass	Fine linear
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**Grip Wax Recommendation**

<b>Base</b>	Start Basewax		
<b>Kick 1 Racing Speed</b>	Terva Blue		If snow showers
<b>Kick 2</b>	Terva Blue and Terva red in alternating layers with final layer as blue		
<b>Kick 3 Extra grip</b>	Terva Red		If no snow showers

Check EnjoyWinter.com for all your cross country needs. Written by Gary Fichter