

Dear Parent/Guardians,

Our school is participating in Winter Walk to School day on [DATE]! We are excited to walk to school together, see our community in a new light AND have some fun outside in the winter! Giving children opportunities for physical activity before school gets their bodies and minds ready to learn.

- **Plan for the day:** [INSERT YOUR PLAN FOR THE PROGRAM--EX: LOCATION WHERE EVERYONE WILL MEET TO WALK TOGETHER, OR A ROUTE THAT A WALKING SCHOOL BUS WILL PICK UP CHILDREN, ETC]
- [INCLUDE ANY FUN CULMINATING ACTIVITIES THAT YOU PLAN ON DOING, LIKE HOT CHOCOLATE, OR PARTICIPATION STICKERS, ETC]
- **Please be sure to dress your child warmly.** Your child should be prepared to walk with us. Here are some tips to make our winter walk as successful and fun as possible!
 - Wear a warm hat and mittens (wool is always nice, but any warm hat and mittens are fine)
 - On really cold days, you can stay warm by wearing a scarf or balaclava over their face and mouth
 - Wear warm, waterproof boots
 - Wear a warm, windproof coat
 - Bright and light colors are best to wear in the winter. Something reflective is even better!
 - Bring an extra pair of socks and mittens, in case your child gets wet.
- **We'd love to have you join us!** Spending time outside with your child is a lot of fun, and this is a great way to have an excuse to explore your neighborhood together. Plus, physical activity doesn't just help your child concentrate better in school--it'll set **you** up for a boost of energy and focus for the rest of your day as well.
- **When we would cancel:** [INSERT CANCELLATION POLICY HERE].

Sincerely,

