



Coach Cam Owens

FSAM (Masters) Head Coach

Hometown: Fishers, Indiana

Team(s) Swam for: SSC, HSE, University of Arizona, FSAM

Number of Years Coaching: 15 years

A Little Bit More about Coach Campbell

When not on deck or in the water, I lead the life science vertical for the company Plug And Play, a California based venture capital firm. Microbiology is my professional love. I am also the undisputed best white board practice designer.

Favorite Swimming Memory

Anchoring HSE's 400 Free Relay in 2008 that won gold as the last event of my HSE career. It felt like a culmination of many years of hard work and team comrade to close out that chapter of my swimming life.

Favorite Coaching Memory

In 2017 I coached a group of 10&U girls to a N. California state title, which also won both the Free and Medley relays for the program's first time. Knowing all the hard work that had gone into the preparation, and then seeing it all pay off was truly one of the best feelings I've ever felt.

Why SSC?

I joined SSC in 1997, and have been representing this program in various capacities for nearly 30 years!

Notable Prior Swim Achievements

I've held all sorts of individual records, up to a current World record for Masters Swimming. However, I've always felt relay and coaching achievements feel just a bit more meaningful.

Notable Outside Achievements

- I'm a graduate of both the University of Arizona and Johns Hopkins
- Well-traveled, and have lived in Mexico as well