-Ed and -Ing Adjectives Exercise 2

Choose the correct adjective.

- 1. I am so (relaxing / relaxed) I don't want to move.
- 2. I find horror films really (frightening / frightened) and not at all fun to watch.
- 3. Sometimes I get really (frustrating / frustrated) when I can't express myself well in English.
- 4. We were stopped by a man with a knife who took our money. It was (terrifying / terrified).
- 5. The programme was really (interesting / interested).
- 6. She was (overwhelming / overwhelmed) when everyone cheered and we gave her presents.
- 7. If I feel stressed, I find taking a bath is often (relaxing / relaxed).
- 8. I am really (tiring / tired). I think I'll go to bed.
- 9. He's very (interesting / interested) in history.
- 10. The trip was (overwhelming / overwhelmed), with so many things to do and it was all so new.
- 11. She is never (satisfying / satisfied) with her work.
- 12. Cleaning is so (tiring / tired)! I think I'll have a rest.
- 13. She thought the ride on the rollercoaster was (thrilling / thrilled).
- 14. I was really (surprising / surprised) when I saw you. I thought you were on holiday.
- 15. My grandmother was (shocking / shocked) by the man's bad language.
- 16. My niece is (terrifying / terrified) of dogs.
- 17. Thank you so much for the prize! I'm (thrilling / thrilled)!
- 18. My job is very (satisfying / satisfied). I love helping people.
- 19. The news was so (shocking / shocked) that she burst into tears.
- 20. My exam results were great! It's really (surprising / surprised) but good, of course!



Answers

- 1. I am so relaxed I don't want to move.
- 2. I find horror films really frightening and not at all fun to watch.
- 3. Sometimes I get really frustrated when I can't express myself well in English.
- 4. We were stopped by a man with a knife who took our money. It was terrifying.
- 5. The programme was really interesting.
- 6. She was overwhelmed when everyone cheered and we gave her presents.
- 7. If I feel stressed, I find taking a bath is often relaxing.
- 8. I am really tired. I think I'll go to bed.
- 9. He's very interested in history.
- 10. The trip was overwhelming, with so many things to do and it was all so new.
- 11. She is never satisfied with her work.
- 12. Cleaning is so tiring! I think I'll have a rest.
- 13. She thought the ride on the rollercoaster was thrilling.
- 14. I was really surprised when I saw you. I thought you were on holiday.
- 15. My grandmother was shocked by the man's bad language.
- 16. My niece is terrified of dogs.
- 17. Thank you so much for the prize! I'm thrilled!
- 18. My job is very satisfying. I love helping people.
- 19. The news was so shocking that she burst into tears.
- 20. My exam results were great! It's really surprising but good, of course.

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