

POWER YOURSELF UP TO START YOUR RACE ON A HIGH.



In all the strenuous activities you've participated in, ask yourself, 'How many have you committed to and finished?'

Close to none because you see many obstacles in front but then add more to yourself mentally.

You can destroy any obstacle that stands in your way.

No more filling your head with negativity like,

"I'm burned out," "This is too tough," "I'm not gonna make it."

Imagine the looks of your friends and family when you just stop and give up.

You walk up to them, and you may see reassuring faces.

They will always support you.

But, inside, you know you've shown them **YOU ARE A QUITTER.**

You could take the route of the quieter, walk around life with a cloud hanging over you with the words.

"I AM A QUITTER" or

You could say, "Yes, this race is tough, but I will push through any challenge in my way to come in 1st because this is who I am!"

You can consume the sustenances needed to fuel you for the upcoming battle.

Prepare your mind to remove any doubt that appears and prepare your body to endure any strain throughout the entire course.

Why not be the one who comes in 1st place this time?

Sign up and position yourself for first place.