



**EDUCATION FOR MINISTRY – GROUPS IN THE DIOCESE OF VIRGINIA**  
Jane Dowrick, EfM coord., Diocese of VA, [efmvirginia@gmail.com](mailto:efmvirginia@gmail.com) or 804-334-0117 C

The EfM groups in the Diocese of Virginia are listed here by Diocesan Region. A complete list of churches by region is on the Diocese of Virginia website at <http://regions.thediocese.net/About-Regions/Map-of-Regions/>

**Online-only EfM Groups:** for information about enrollment and mentoring online-only groups, contact Cindy Hargis, Coordinator of online-only groups in the US, [chargis@sewanee.edu](mailto:chargis@sewanee.edu). These online-only groups are identified by Sewanee as located in the Diocese of Virginia, however, individuals from any geographic location may enroll in any online-only group with space available, regardless of where the group mentor is geographically located: 1) Jim Papile, mentor, [jimpapile@gmail.com](mailto:jimpapile@gmail.com) 2) Paul Bishop [pbishop4@gmail.com](mailto:pbishop4@gmail.com) 703-244-3706; Lucy Chaplin [mooseski1@gmail.com](mailto:mooseski1@gmail.com) 603-290-7358 Note: these groups listed above meet exclusively online.

**Online-only EfM Mentors Group** is for EfM mentors and moderated by Beth Cavey in the Diocese of Virginia. To join this group, contact Beth Cavey, [caveyelizabeth@gmail.com](mailto:caveyelizabeth@gmail.com) 703-362-4331

**The groups listed below include those that meet onsite, online or a hybrid of onsite/online. They are all connected to a physical address, whether or not they meet onsite. Please contact the group mentors directly to learn more about the groups of interest to you.**

**ALEXANDRIA REGION**

Meeting Place: Christ Church, 118 N. Washington St. Alexandria  
Tom Hahn [Tshahn1@aol.com](mailto:Tshahn1@aol.com) 703-585-3933  
Nancy Knapp [nvknapp@aol.com](mailto:nvknapp@aol.com)

Meeting Place: St. Luke's, 8009 Fort Hunt Rd, Alexandria  
Seward "Skip" Jones [skipmarjy815@verizon.net](mailto:skipmarjy815@verizon.net) 703-507-2543  
Cathleen Lewis [cathleen.lewis@gmail.com](mailto:cathleen.lewis@gmail.com) 703-785-8859

**ARLINGTON REGION**

Meeting Place: St. Michael's Arlington, 1132 N. Ivanhoe St. Arlington  
Beth Cavey [caveyelizabeth@gmail.com](mailto:caveyelizabeth@gmail.com), 703-362-4331

**CHARLOTTESVILLE REGION**

Meeting Place: St. Paul's Memorial, 1701 University Avenue, Charlottesville  
Karen Mawyer [ksmawyer@gmail.com](mailto:ksmawyer@gmail.com) 434-906-9841

Meeting Place: St. Paul's, 851 Owensville Road, Ivy  
Deborah Johnson "Debbie" [djscott7@aol.com](mailto:djscott7@aol.com) 434-823-5111 H, 434-825-2361  
Charles Chabot [CChabot@EmmanuelGreenwood.org](mailto:CChabot@EmmanuelGreenwood.org) 434-806-8232

**CULPEPER REGION**

Meeting Place: Trinity, 379 Gay Street, Washington, VA  
Cady Soukup [cadyasoukup@icloud.com](mailto:cadyasoukup@icloud.com) 540-522-8631  
Dana Adamson [dsadamson4400@gmail.com](mailto:dsadamson4400@gmail.com) 540-622-4087

Meeting Place: St. James, 73 Culpeper St., Warrenton, VA Group  
Joanne Charles [jcharles1331@gmail.com](mailto:jcharles1331@gmail.com) 757-373-6967



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**FAIRFAX - NORTH FAIRFAX REGION**

Meeting Place: Holy Comforter, 543 Beulah Road, Vienna

Group 1: Joni Langevoort [jlangevoort@gmail.com](mailto:jlangevoort@gmail.com) 703-967-0990

Group 2: Dianne Stoddard [dlstoddard@orrick.com](mailto:dlstoddard@orrick.com) 703-255-7046

**FAIRFAX - SOUTH FAIRFAX REGION**

Meeting Place: St. Alban's, 6800 Columbia Pike, Annandale

Moirra Skinner [soccer22@me.com](mailto:soccer22@me.com) 571-334-7734

Rev. Jeff Shankles [jshankles@stalbandsva.org](mailto:jshankles@stalbandsva.org) 703-256-2966

Meeting Place: St. John's, 5649 Mt Gilead Rd, Centreville, VA 20120

Walt Cooner [wcooner@yahoo.com](mailto:wcooner@yahoo.com), 703-472-8097

Meeting Place: St. Barnabas', 4801 Ravensworth Road, Annandale

Beth Harper, [bharper49@msn.com](mailto:bharper49@msn.com), 703-615-5673

Meeting Place: Falls Church Episcopal, 115 East Fairfax St., Falls Church

Rev. Mary Cushing [mecu1010@aol.com](mailto:mecu1010@aol.com) 703-536-5165, 703-772-7457

Meeting Place: St. Peter's in the Woods, 5911 Fairview Woods Dr., Fairfax Station

Pat Keithly [keithlymusic@gmail.com](mailto:keithlymusic@gmail.com) 703-505-7433

Chuck Link [cdlink83@gmail.com](mailto:cdlink83@gmail.com) 703-434-9640

**FREDERICKSBURG REGION**

Meeting Place: St. George's Episcopal Church, 905 Princess Anne St., Fredericksburg

Carol Lawson [avcmlawson@hotmail.com](mailto:avcmlawson@hotmail.com) 540-846-5843

Charlene Dougherty [teachms@msn.com](mailto:teachms@msn.com) 540-847-3269

**NORTHERN NECK REGION**

Meeting Place: Grace Episcopal Church, 305 S. Main Street, Kilmarnock

Martha Gilbert [mgilbert64@icloud.com](mailto:mgilbert64@icloud.com) 443-766-9547

Marcia Billups [marcia.billups@gmail.com](mailto:marcia.billups@gmail.com) 804-699-0010

**NORTHERN PIEDMONT REGION**

Meeting Place: St. Matthews, 201 E. Frederick Dr., Sterling

Jane Garrett [janeowl@gmail.com](mailto:janeowl@gmail.com) 571-665-5121 H; 423-948-9030

Sue Reier [reiersk108@gmail.com](mailto:reiersk108@gmail.com) 703-209-3540

**POTOMAC REGION**

Meeting Place: Pohick Church, 9301 Richmond Hwy., Lorton

Denise McHugh [deniselmchugh4@verizon.net](mailto:deniselmchugh4@verizon.net) 410-310-9867

John Egan [jjegan3@netscape.net](mailto:jjegan3@netscape.net) 703-973-5038



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**RICHMOND - CENTRAL RICHMOND REGION**

Meeting Place: St. James's, Richmond

Jane Dowrick [efmvirginia@gmail.com](mailto:efmvirginia@gmail.com), 804-334-0117

Meeting Place: St. Paul's, 815 E. Grace St. Richmond

Edie Patterson [edithpatterson1@mac.com](mailto:edithpatterson1@mac.com) 434-242-4571

Jeanne LeFever [sjlefever311@gmail.com](mailto:sjlefever311@gmail.com) 804-310-8620

**RICHMOND - NORTH RICHMOND REGION - NEW GROUP FORMING IN FALL 2025:** Mentor will be Rosemary Arneson, [rharneson@gmail.com](mailto:rharneson@gmail.com) at Episcopal Church of the Epiphany; a group of EfM Wide Angle participants

**RICHMOND - WEST RICHMOND REGION – NO EFM GROUPS IN THIS REGION**

**SOUTHERN SHENANDOAH VALLEY REGION**

Meeting Place: Saint Andrew's Episcopal Church, Mount Jackson, 5890 Main Street. Joint group with Saint Luke's, Alexandria. The Rev. Kathleen Murray, [beckfordrector@gmail.com](mailto:beckfordrector@gmail.com), 540-477-3335

**UPPER TIDEWATER REGION**

Meeting Place: Abingdon Church 4645 Geo. Wash. Mem. Hwy, White Marsh

Jen Kimball, [jensven1@gmail.com](mailto:jensven1@gmail.com), 804-335-6592

**WINCHESTER REGION – NO EFM GROUPS IN THIS REGION**