



We are excited to share details about the Behavioral Health Help Line (BHHL) and look forward to exploring how integrating it as a resource in your schools can help to enrich your community.

The Behavioral Health Help Line (BHHL) is a service of the MA Department of Mental Health (DMH) and is operated by the Massachusetts Behavioral Health Partnership (MBHP).

The BHHL connects Massachusetts residents to the full range of mental health and substance use treatment services offered in the Commonwealth.

The BHHL offers help in real time with immediate crisis intervention, urgent, and routine needs and is available 24/7/365 in 200+ languages and has accessibility features for the Deaf and Hard of Hearing. The BHHL can also help make connections to resources for health-related social needs within your community.

In conjunction with the Massachusetts Behavioral Health Help Line (BHHL), there is also a BHHL Resource Directory that is a centralized resource that is online and searchable for mental health and substance use treatment services across the Commonwealth. Additionally, the directory includes resources that address social drivers of health such as housing, employment, and education, offering comprehensive support to those in need.

Please visit us at [masshelpline.com/BHHLResourceDirectory](https://www.masshelpline.com/BHHLResourceDirectory)

Located within your community, are Behavioral Health Urgent Care sites that offer mental health assessments and substance use treatment for immediate intervention.

Enclosed are the following materials for your review:

- BHHL Posters
- BHHL Frequently Asked Questions
- BHUC Poster
- Community Relations Representatives contact information for questions or presentation requests

We look forward to continuing the conversation and welcome the opportunity to come out and meet with you!

Best regards,

Ana Artavia-Speight

Central Community Relations Rep, MA Behavioral Health Help Line