

**HOSA club** has rescheduled  
the Blood drive for  
**Monday March 16th,**  
**8:00am to 2:00pm**  
in the Glen Rock,  
**Middle School Gym.**



Scan the QR code to make an appointment or [click this link!](#) Walk-ins, also welcome, but appointments are preferred.

Anyone 16 years and older is welcome to donate. **All students (even 18 year olds)** need to have **parental permission** with the consent forms. 16 year olds need to fill out **both** permission slips (one for the NY Blood Center and one for the school) and anyone 17 and up needs the one form filled out.



**Seniors** have the opportunity to obtain **red cords** for graduation if they donate at both (2) blood drives this year. As long as the senior was able to donate at each event, they would qualify for the red cords. If they are unable to give blood at both events, the student will not be able to receive the red cord.

Please note for **athletes**, strenuous activities should be avoided for **24 hours** after donating. So if students have sporting competitions or practices they should **not** donate.



We also **welcome** friends, family and **Glen Rock community members** to support this cause. Please **spread the word**, so we can make an even bigger difference! See the flyers and consent forms below.

[Giving 101: Are You Ready to Save Lives](#)

[16 ONLY Year Old Consent Form](#) - Please have your child return signed, physical copy

[16-18 Year Old Consent Form](#) - Please have your child return signed, physical copy (16 year olds need both)

[Information on the Donation Process](#)

[Common Reasons People Can't Donate](#)