01.02.2023 Ch- Spicy Riddles

Q1. Why do we add spices in our food?

Ans. We add spices in our food because spices enhance taste, color, flavor and aroma of the food. They also add nutrients to keep us healthy.

Q2. Why is red chilly added to food?

Ans. Red chilly is added to make our food spicy and makes our immune system strong.

Q3. Which spice is applied on cuts and wounds?

Ans. Turmeric

Q4. Which spice is bud of plant?

Ans. Clove

Q5. Name the spices used in making tea?

Ans. Tea leaves, cardamom, ginger, fennel seeds, clove, black pepper, cinnamon.

Q6. Name the costliest spice in the world.

Ans. Saffron

Q7. Name the most frequently used spices in your home.

Ans.

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Write the uses and benefits of following spices.

Spice	Uses	Benefits
Cardamom	It is used in making sweets, tea, rice, etc. to give a good flavor and smell.	It helps to control bad breath and improves digestion.
Clove	It is used in cooking.	It soothes tooth ache.
Turmeric	It is used in cooking and skin care products.	It helps to heal cuts and wounds. It has antibacterial properties. It is used to cure skin problems.
Black Pepper	It is used in cooking and medicines.	It helps coping with cold and cough.
Fennel seeds	It is used in cooking.	It helps to control bad breath and improves digestion.
Cinnamon	It is used for preparing masala.	It reduces blood cholesterol.
Ginger	It is used to give specific flavor.	It helps to avoid digestive problems. It helps in coping with cough and cold.