

Hi! I'm Madeleine Aggeler, a lifestyle and wellness reporter at the Guardian US. Previously, I was a freelance reporter focusing on lifestyle and culture stories. Before that, I was a senior writer at New York Magazine's the Cut.

I live in Washington, DC, with my partner and dog.

Email gossip to: mmaggeler@gmail.com

The Guardian

[Can an AI friend make you less lonely?](#)

[Gen Z yearns for the pre-digital dating era -- but don't ask them out in person](#)

[Are at-home microbiome testing kits a scam?](#)

[The radical practice of eating what you want](#)

[From Survivor to... life coach? Parvati Shallow gave me a free session](#)

[A local's guide to Washington, DC: what to eat, see and do in three days](#)

[I tried face yoga. I hate that I spent any of my wild, precious life on it](#)

[I spent \\$9 on a beauty spell, and all I got were these existential questions](#)

[Divorce doulas: 'like having that best friend you've always wanted, but you're paying for'](#)

[Lemon water: A-list celebrities love it, but does it actually do anything?](#)

Author page: <https://www.theguardian.com/profile/madeleine-aggeler>

The New York Times

[How to Get Absolutely No Sun This Summer](#)

[When Did Our Personal Lives Get So Professional?](#)

[Millennials Pay for a Dose of 90s Nostalgia](#)

[Private Dinner Party: Clothing Not Allowed](#)

[Emo Fans Were Not OK](#)

['Phantom Touch' and the \(Real\) Pleasures of Virtual Dating](#)

[What Happens When a Rock Star Proposes Onstage?](#)

[When a Bra Won't Cut It](#)

[A New Dating App Asks: Do Our Stars Align?](#)

GQ

[Here's Why Wellness Bros Are Sleeping with Their Mouths Taped Shut](#)

[In the Court of the Liver King](#)

Texas Monthly

[Why Are Border Smugglers Trafficking Bologna?](#)

[Are Age-Exclusive Bars the Way of the Future?](#)

[Texans, Meet Your Adorable, Bloodthirsty New Neighbors](#)

[At Texas Swingers Clubs, 'The Lifestyle' Is Booming](#)

[Instagram's Newest Influencers: Texas Women Who Eat What They Kill](#)

[Sumo Is Getting Big in Texas](#)

[This Dalla Home Is a Dream Home -- But for Whom?](#)

[Pet Cloning Is Way More Advanced Than You Thought](#)
[Rejoice in the Rockin' Bods of the Nude Texas Cavers Calendar](#)

Bustle

[Please Don't Compare Yourself to Kayla Itsines](#)
[Nothing Says Christmas Like an Amnesia Plotline](#)
[Aubrey Gordon Doesn't Think Your Brain Is Broken](#)
[The Joy & Opportunity of Dropping a Routine](#)

The Cut

[Yoga to the People's Dark Secrets](#)
[Thriving in Chaos, Like a Proper Housewife](#)
[Lindy West Is Watching Herself](#)
[Everybody's Ready to Watch Greta Lee](#)
[Can We Change What We Fantasize About?](#)
[The Happiest Man on Twitter](#)
[Can Pets See Ghosts?](#)
[Tremble Before This Sack of Wet Eggs](#)
[How Do I Stay Sober Now?](#)
[Have You Tried Making Your Own Peeps?](#)
[Remember When Hannah and Peter Had Sex in a Windmill? A recap of the Bachelor](#)
[Whales. Ranked](#)
Author page:<https://nymag.com/author/madeleine-aggeler/>

Other:

The Washington Post
[Gen Z has had work done -- and they'll tell you all about it](#)

Elite Daily

[Wait. How Much Money Can You Actually Make Selling Feet Pics?](#)

Austin Monthly

[The Cult of Austin's Biggest Cover Bands](#)

Texas Highways

[A New Texan Traces John Steinbeck's Path Through Texas](#)