

Congratulations! As a result of your competitive and athletic achievements during the 2021 winter season, we would like to extend an invitation to the U.S. Ski & Snowboard Freeski Halfpipe and Slopestyle Project Gold Camp. Project Gold is a progression camp designed to help the nation's top juniors take their skills to the next level.

Due to the ongoing COVID-19 pandemic, we have made the difficult decision to make this year's Project Gold Camp virtual. We take the health of you, your fellow athletes, and our staff very seriously, and we feel that going virtual is the safest way to hold this development camp. We appreciate your understanding and hope to be back on snow next year!

We have organized five different live virtual sessions that will not only give you exposure to top level coaches and U.S. Ski & Snowboard athletes, but also provide information and resources that will be instrumental as you work towards competing at the highest level. The camp will run from September 26, 2021 to October 26, 2021 with one virtual session each week. Below is the full schedule:

Sunday, September 26

Kickoff with Mike Jankowski, Mike Riddle, Jeremie Livingston, Ryan Carey, Skogen Sprang, Dave Euler, Ryan Wyble, U.S. Freeski Team Coaches

9:00-10:00 AM MT (8:00-9:00 PT / 10:00-11:00 CT / 11:00-12:00 ET)

Tuesday, October 5

Goal Setting with Jeff Archibald, Head Coach and Co Founder at Team Treeline

5:00 - 6:30 PM MT (4:00-5:30 PT / 6:00-7:30 CT / 7:00-8:30 ET)

Wednesday, October 13

Nutrition & Performance 101 with Jess LaRoche, Consulting Dietician for U.S. Ski & Snowboard

5:00 - 6:30 PM MT (4:00-5:30 PT / 6:00-7:30 CT / 7:00-8:30 ET)

Tuesday, October 19

Mindfulness & Visualization with Alex Cohen, Sr. Sport Psychologist for the United States Olympic & Paralympic Committee

5:00 - 6:30 PM MT (4:00-5:30 PT / 6:00-7:30 CT / 7:00-8:30 ET)

Tuesday, October, 26

Panel with U.S. Freeski Team Athletes

5:00 - 6:30 PM MT (4:00-5:30 PT / 6:00-7:30 CT / 7:00-8:30 ET)

Please register here for the camp by Wednesday, September 22nd. Once you register, we will send you the details on how to access the sessions. We look forward to seeing you at virtual camp!

Thanks,

Ashley Deibold & Erin McNeely
Sport Development Director & Sport Development Coordinator
Snowboard | Freeski | Freestyle