# ISESA Reference Request

## – Coach*/ Mentor*/ Manager*/ Athlete* -

**please delete as appropriate*

Irish Sport and Exercise Sciences Association

c/o Sport Ireland Institute, IIS Building,

National Sports Campus, Snugborough Road,

Dublin 15, D15 Y52H

www.isesa.ie

IRISH SPORT AND EXERCISE SCIENCES ASSOCIATION

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|---|---|
| Name of Applicant for Whom the Reference is provided: | |
| Name of Referee: | Position of Referee: |
| Please provide details of the capacity within which you know/work with the applicant. Please include a guide towards the specific roles that the applicant played during this time, your judgment on where you consider their area of expertise to be, and how they communicated with you:<br><br>*(max. 300 words)* | |
| Please provide details about the quantity of work (hours per week/ length of contract): | |
| Please comment on the applicant's ability to operate in their discipline area of Sport Science within the high-performance environment as part of a multidisciplinary team.<br><br>*(max. 250 words)* | |

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| Please comment on whether you support this application for accreditation with ISESA:<br><br>*(max. 200 words)* |
| Please provide any further comments you may have regarding this application for the ISESA professional accreditation:<br><br>*(max. 100 words)* |

Signature of Referee: Date:

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**Guidance to References**

- The referee does not have to be from within the same discipline as the applicant (although preferable) but must be from the same domain of expertise (nutrition, S&C, physiology, psychology).

- Candidates should avoid any conflicts of interest in relation to the references selected. Where there is a potential conflict of interest between the referee and the candidate, this should be highlighted to the ISESA office for guidance ahead of application submission.

- At least one reference should be composed by a mentor. The additional references can come from a coach, manager or athlete. For example, one from a Line Manager/Supervisor (preferably ISESA Accredited, but not essential), and the remaining two from a professional associate/peer* and/or client.
  *Peers from a multidisciplinary team would be accepted as long as they are not managed by or accountable to the applicant.

- References from an individual the applicant directly line manages will not be accepted.

- References from clients under the age of 18 will not be accepted. In the case of academy/youth staff, co-workers could be viewed as clients if they are a recipients/beneficiaries of the applicants knowledge and skills.

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